

Regionale Hamont 20.11.2022 hamok

Tille DE SMUL

Be Arrows

Omloop : D:Be Arrows

Afstand : 6530m

Tijd : 0:58:51 (9'01"/km)

2/5

O.K.

[Volledige uitslagen op Webres](#)

1. Ems DE SMUL	0:57:28
3. Hannah THIELS	1:00:13

1.	60	00:01:47		86m	20'44"/km
2.	65	00:00:31	00:02:18	90m	5'44"/km
3.	59	00:00:46	00:03:04	183m	4'11"/km
4.	58	00:01:01	00:04:05	155m	6'34"/km
5.	57	00:00:37	00:04:42	103m	5'59"/km
6.	56	00:01:05	00:05:47	201m	5'23"/km
7.	55	00:03:48	00:09:35	185m	20'32"/km
8.	54	00:01:11	00:10:46	150m	7'53"/km
9.	67	00:01:59	00:12:45	278m	7'08"/km
10.	51	00:01:01	00:13:46	150m	6'47"/km
11.	52	00:00:49	00:14:35	113m	7'14"/km
12.	62	00:02:56	00:17:31	258m	11'22"/km
13.	63	00:00:44	00:18:15	95m	7'43"/km
14.	53	00:02:37	00:20:52	287m	9'07"/km
15.	67	00:00:54	00:21:46	126m	7'09"/km
16.	61	00:01:31	00:23:17	226m	6'43"/km
17.	50	00:03:48	00:27:05	210m	18'06"/km
18.	49	00:00:49	00:27:54	131m	6'14"/km
19.	48	00:01:03	00:28:57	158m	6'39"/km
20.	46	00:04:17	00:33:14		
21.	45	00:00:50	00:34:04	147m	5'40"/km
22.	44	00:00:51	00:34:55	142m	5'59"/km
23.	43	00:01:24	00:36:19	169m	8'17"/km
24.	42	00:05:53	00:42:12	404m	14'34"/km
25.	41	00:00:38	00:42:50	93m	6'49"/km
26.	40	00:00:51	00:43:41	149m	5'42"/km
27.	39	00:00:48	00:44:29	137m	5'50"/km
28.	38	00:01:12	00:45:41	223m	5'23"/km
29.	37	00:01:08	00:46:49	166m	6'50"/km
30.	36	00:05:02	00:51:51	239m	21'04"/km
31.	35	00:00:53	00:52:44	118m	7'29"/km
32.	34	00:01:15	00:53:59	215m	5'49"/km
33.	33	00:01:00	00:54:59	139m	7'12"/km
34.	32	00:01:09	00:56:08	177m	6'30"/km
35.	31	00:01:31	00:57:39	221m	6'52"/km
36.	64	00:01:00	00:58:39	164m	6'06"/km

37. 999 00:00:12 00:58:51 63m 3'10"/km

