

Regionale Hamont 20.11.2022 hamok

Annelies GEBOERS

K.O.L.

Omloop : D:03

Afstand : 5310m

Tijd : 1:08:49 (12'58"/km)

1/10

O.K.

[Volledige uitslagen op Webres](#)

2. Julienne VANREUSEL 1:12:00
3. Marijs VANDEWEYER 1:18:50

1.	65	00:01:01		107m	9'30"/km
2.	59	00:01:32	00:02:33	183m	8'23"/km
3.	73	00:02:31	00:05:04	213m	11'49"/km
4.	74	00:01:36	00:06:40	123m	13'00"/km
5.	56	00:02:36	00:09:16	144m	18'03"/km
6.	55	00:02:21	00:11:37	185m	12'42"/km
7.	54	00:02:45	00:14:22	150m	18'20"/km
8.	51	00:05:36	00:19:58	386m	14'30"/km
9.	52	00:01:29	00:21:27	113m	13'08"/km
10.	62	00:02:15	00:23:42	258m	8'43"/km
11.	63	00:01:17	00:24:59	95m	13'31"/km
12.	53	00:04:00	00:28:59	287m	13'56"/km
13.	67	00:01:36	00:30:35	126m	12'42"/km
14.	61	00:02:48	00:33:23	226m	12'23"/km
15.	50	00:02:02	00:35:25	210m	9'41"/km
16.	49	00:01:18	00:36:43	131m	9'55"/km
17.	48	00:02:33	00:39:16	158m	16'08"/km
18.	42	00:04:26	00:43:42	324m	13'41"/km
19.	41	00:01:19	00:45:01	93m	14'09"/km
20.	40	00:01:52	00:46:53	149m	12'32"/km
21.	39	00:01:21	00:48:14	137m	9'51"/km
22.	38	00:03:06	00:51:20	223m	13'54"/km
23.	37	00:02:02	00:53:22	166m	12'15"/km
24.	36	00:02:38	00:56:00	239m	11'01"/km
25.	35	00:02:09	00:58:09	118m	18'13"/km
26.	34	00:02:53	01:01:02	215m	13'25"/km
27.	75	00:01:30	01:02:32	142m	10'34"/km
28.	32	00:01:43	01:04:15	106m	16'12"/km
29.	31	00:02:40	01:06:55	221m	12'04"/km
30.	64	00:01:36	01:08:31	164m	9'45"/km
31.	999	00:00:18	01:08:49	63m	4'46"/km