NST Dagomlopen dag 3
Schipsgat duinen 13.11.2022
K.O.L.

Dirk GORIS
K.O.L.
Omloop : H:LD
Afstand : 5110m
Tijd : 1:16:26 (14'57"/km)

9/18 O.K.

Volledige uitslagen op Webres

1. Simon KREKELS 0:50:27
2. Konstatin SMIRNOV 0:59:03
3. Bart VAN DE MOORTEL 1:00:54

1.	234	00:01:35		72m	21'59"/km
2.	148	00:02:59	*00:04:34*	128m	23'18"/km
3.	149	00:04:29	*00:09:03*	350m	12'49"/km
4.	121	00:02:33	*00:11:36*	223m	11'26"/km
5.	122	00:01:48	*00:13:24*	150m	12'00"/km
6.	101	00:02:04	*00:15:28*	164m	12'36"/km
7.	118	00:03:01	*00:18:29*	315m	9'35"/km
8.	151	00:02:57	*00:21:26*	274m	10'46"/km
9.	102	00:02:56	*00:24:22*	101m	29'03"/km
10.	127	00:06:56	*00:31:18*	290m	23'54"/km
11.	128	00:03:08	*00:34:26*	168m	18'39"/km
12.	129	00:01:50	*00:36:16*	101m	18'09"/km
13.	130	00:06:01	*00:42:17*	213m	28'15"/km
14.	131	00:01:20	*00:43:37*	125m	10'40"/km
15.	109	00:02:28	*00:46:05*	220m	11'13"/km
16.	160	00:04:22	*00:50:27*	207m	21'06"/km
17.	108	00:02:02	*00:52:29*	115m	17'41"/km
18.	161	00:02:12	*00:54:41*	210m	10'29"/km
19.	105	00:03:13	*00:57:54*	266m	12'06"/km
20.	138	00:06:10	*01:04:04*	512m	12'03"/km
21.	139	00:01:53	*01:05:57*	128m	14'43"/km
22.	141	00:03:55	*01:09:52*	265m	14'47"/km
23.	152	00:02:56	*01:12:48*	171m	17'09"/km
24.	153	00:02:07	*01:14:55*	223m	9'30"/km
25.	220	00:01:22	*01:16:17*	77m	17'45"/km
26.	999	00:00:09	*01:16:26*	40m	3'45"/km

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