NST Dagomlopen dag 3
Schipsgat duinen 13.11.2022
K.O.L.

Kurt SMET
TROL
Omloop : H:LD
Afstand : 5110m
Tijd : 1:15:01 (14'41"/km)

8/18 O.K.

Volledige uitslagen op Webres

1. Simon KREKELS 0:50:27
2. Konstatin SMIRNOV 0:59:03
3. Bart VAN DE MOORTEL 1:00:54

1.	234	00:00:59		72m	13'39"/km
2.	148	00:02:26	*00:03:25*	128m	19'01"/km
3.	149	00:03:45	*00:07:10*	350m	10'43"/km
4.	121	00:01:54	*00:09:04*	223m	8'31"/km
5.	122	00:02:43	*00:11:47*	150m	18'07"/km
6.	101	00:03:20	*00:15:07*	164m	20'20"/km
7.	118	00:03:22	*00:18:29*	315m	10'41"/km
8.	151	00:02:54	*00:21:23*	274m	10'35"/km
9.	102	00:01:49	*00:23:12*	101m	17'59"/km
10.	127	00:04:54	*00:28:06*	290m	16'54"/km
11.	128	00:09:36	*00:37:42*	168m	57'09"/km
12.	129	00:04:14	*00:41:56*	101m	41'55"/km
13.	130	00:02:43	*00:44:39*	213m	12'45"/km
14.	131	00:01:30	*00:46:09*	125m	12'00"/km
15.	109	00:01:48	*00:47:57*	220m	8'11"/km
16.	160	00:04:37	*00:52:34*	207m	22'18"/km
17.	108	00:01:08	*00:53:42*	115m	9'51"/km
18.	161	00:02:08	*00:55:50*	210m	10'10"/km
19.	105	00:03:12	*00:59:02*	266m	12'02"/km
20.	138	00:05:35	*01:04:37*	512m	10'54"/km
21.	139	00:01:33	*01:06:10*	128m	12'07"/km
22.	141	00:03:18	*01:09:28*	265m	12'27"/km
23.	152	00:02:37	*01:12:05*	171m	15'18"/km
24.	153	00:01:54	*01:13:59*	223m	8'31"/km
25.	220	00:00:54	*01:14:53*	77m	11'41"/km
26.	999	00:00:08	*01:15:01*	40m	3'20"/km

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