



NST Dagomlopen dag 3

Schipsgat duinen 13.11.2022

K.O.L.

Jan CAPPAERT

TROL

Omloop : H:LD

Afstand : 5110m

Tijd : 1:03:09 (12'21"/km)

4/18

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-----------------------|---------|
| 1. Simon KREKELS | 0:50:27 |
| 2. Konstatin SMIRNOV | 0:59:03 |
| 3. Bart VAN DE MOORTE | 1:00:54 |

1.	234	00:01:14		72m	17'08"/km
2.	148	00:02:21	00:03:35	128m	18'22"/km
3.	149	00:02:44	00:06:19	350m	7'49"/km
4.	121	00:01:42	00:08:01	223m	7'37"/km
5.	122	00:01:31	00:09:32	150m	10'07"/km
6.	101	00:01:24	00:10:56	164m	8'32"/km
7.	118	00:02:45	00:13:41	315m	8'44"/km
8.	151	00:02:00	00:15:41	274m	7'18"/km
9.	102	00:01:06	00:16:47	101m	10'53"/km
10.	127	00:04:54	00:21:41	290m	16'54"/km
11.	128	00:02:03	00:23:44	168m	12'12"/km
12.	129	00:01:39	00:25:23	101m	16'20"/km
13.	130	00:02:07	00:27:30	213m	9'56"/km
14.	131	00:01:22	00:28:52	125m	10'56"/km
15.	109	00:01:35	00:30:27	220m	7'12"/km
16.	160	00:09:11	00:39:38	207m	44'22"/km
17.	108	00:01:18	00:40:56	115m	11'18"/km
18.	161	00:02:02	00:42:58	210m	9'41"/km
19.	105	00:03:11	00:46:09	266m	11'58"/km
20.	138	00:05:35	00:51:44	512m	10'54"/km
21.	139	00:01:39	00:53:23	128m	12'53"/km
22.	141	00:03:44	00:57:07	265m	14'05"/km
23.	152	00:03:03	01:00:10	171m	17'50"/km
24.	153	00:01:48	01:01:58	223m	8'04"/km
25.	220	00:01:06	01:03:04	77m	14'17"/km
26.	999	00:00:05	01:03:09	40m	2'05"/km

Orienteering Software