NST Dagomlopen dag 3
Schipsgat duinen 13.11.2022
K.O.L.

Robert HOOFD
ASUB
Omloop : H:SE
Afstand : 3310m
Tijd : 1:13:03 (22'04"/km)

6/12 O.K.

Volledige uitslagen op Webres

1.	Vincent BOURGEOIS	0:46:15
2.	Emiel AERTS	1:06:04
3.	Miel DEFERME	1:08:36

1.	233	00:02:41		50m	53'40"/km
2.	142	00:03:24	*00:06:05*	63m	53'58"/km
3.	235	00:01:31	*00:07:36*	75m	20'13"/km
4.	232	00:02:56	*00:10:32*	154m	19'03"/km
5.	237	00:01:28	*00:12:00*	103m	14'14"/km
6.	149	00:05:26	*00:17:26*	268m	20'16"/km
7.	170	00:03:06	*00:20:32*	158m	19'37"/km
8.	118	00:03:21	*00:23:53*	146m	22'57"/km
9.	240	00:02:34	*00:26:27*	118m	21'45"/km
10.	117	00:01:40	*00:28:07*	87m	19'09"/km
11.	125	00:03:45	*00:31:52*	171m	21'56"/km
12.	119	00:07:48	*00:39:40*	377m	20'41"/km
13.	155	00:02:18	*00:41:58*	105m	21'54"/km
14.	156	00:02:58	*00:44:56*	191m	15'32"/km
15.	161	00:04:47	*00:49:43*	210m	22'47"/km
16.	108	00:04:57	*00:54:40*	210m	23'34"/km
17.	107	00:04:45	*00:59:25*	177m	26'50"/km
18.	138	00:03:07	*01:02:32*	160m	19'29"/km
19.	139	00:04:25	*01:06:57*	128m	34'30"/km
20.	153	00:03:24	*01:10:21*	190m	17'54"/km
21.	146	00:00:58	*01:11:19*	64m	15'06"/km
22.	220	00:01:24	*01:12:43*	62m	22'35"/km
23.	999	00:00:20	*01:13:03*	40m	8'20"/km

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