NST Dagomlopen dag 3
Schipsgat duinen 13.11.2022
K.O.L.

Alice GODENNE
Indiv.
Omloop : D:LE
Afstand : 4540m
Tijd : 1:26:05 (18'58"/km)

5/8 O.K.

Volledige uitslagen op Webres

1. Julie FOURNIER 0:57:25
2. Lien ADDIERS 1:01:42
3. Helene GODENNE 1:13:54

1.	142	00:04:43		107m	44'05"/km
2.	234	00:00:53	*00:05:36*	93m	9'30"/km
3.	237	00:02:56	*00:08:32*	168m	17'28"/km
4.	240	00:04:43	*00:13:15*	183m	25'46"/km
5.	170	00:04:27	*00:17:42*	256m	17'23"/km
6.	121	00:01:23	*00:19:05*	124m	11'09"/km
7.	123	00:07:07	*00:26:12*	159m	44'46"/km
8.	101	00:05:11	*00:31:23*	109m	47'33"/km
9.	149	00:02:30	*00:33:53*	138m	18'07"/km
10.	125	00:08:51	*00:42:44*	479m	18'29"/km
11.	235	00:03:49	*00:46:33*	186m	20'31"/km
12.	104	00:01:20	*00:47:53*	74m	18'01"/km
13.	131	00:03:58	*00:51:51*	268m	14'48"/km
14.	129	00:04:01	*00:55:52*	205m	19'36"/km
15.	155	00:03:09	*00:59:01*	198m	15'55"/km
16.	105	00:01:39	*01:00:40*	126m	13'06"/km
17.	133	00:03:39	*01:04:19*	242m	15'05"/km
18.	135	00:04:27	*01:08:46*	334m	13'19"/km
19.	108	00:03:32	*01:12:18*	258m	13'42"/km
20.	107	00:03:43	*01:16:01*	177m	21'00"/km
21.	138	00:02:25	*01:18:26*	160m	15'06"/km
22.	139	00:02:18	*01:20:44*	128m	17'58"/km
23.	166	00:03:21	*01:24:05*	220m	15'14"/km
24.	220	00:01:50	*01:25:55*	110m	16'40"/km
25.	999	00:00:10	*01:26:05*	40m	4'10"/km

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