NST Dagomlopen dag 3
Schipsgat duinen 13.11.2022
K.O.L.

Muriel CHOUFFART
CO Liège
Omloop : D:SD
Afstand : 3200m
Tijd : 1:18:39 (24'35"/km)

3/19 O.K.

Volledige uitslagen op Webres

1. Odile MONFORT 0:55:16
2. Alice ROBBERECHT 1:04:49

1.	111	00:03:25		96m	35'35"/km
2.	104	00:02:41	*00:06:06*	120m	22'22"/km
3.	112	00:04:14	*00:10:20*	222m	19'04"/km
4.	125	00:01:49	*00:12:09*	64m	28'23"/km
5.	130	00:04:11	*00:16:20*	180m	23'14"/km
6.	131	00:02:09	*00:18:29*	125m	17'12"/km
7.	109	00:09:16	*00:27:45*	220m	42'07"/km
8.	129	00:04:21	*00:32:06*	128m	33'59"/km
9.	128	00:02:28	*00:34:34*	101m	24'25"/km
10.	158	00:01:58	*00:36:32*	93m	21'09"/km
11.	160	00:03:31	*00:40:03*	128m	27'28"/km
12.	105	00:05:30	*00:45:33*	209m	26'19"/km
13.	156	00:02:12	*00:47:45*	71m	30'59"/km
14.	161	00:03:55	*00:51:40*	210m	18'39"/km
15.	163	00:04:56	*00:56:36*	150m	32'53"/km
16.	107	00:03:53	*01:00:29*	240m	16'11"/km
17.	138	00:01:56	*01:02:25*	160m	12'05"/km
18.	106	00:00:48	*01:03:13*	63m	12'42"/km
19.	140	00:04:17	*01:07:30*	152m	28'11"/km
20.	162	00:03:41	*01:11:11*	174m	21'10"/km
21.	113	00:06:05	*01:17:16*	170m	35'47"/km
22.	220	00:01:10	*01:18:26*	90m	12'58"/km
23.	999	00:00:13	*01:18:39*	40m	5'25"/km

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