



NST Dagomlopen dag 3

Schipsgat duinen 13.11.2022

K.O.L.

Sarah HELINCKS

TROL

Omloop : D:SE

Afstand : 3310m

Tijd : 1:12:42 (21'58"/km)

4/16

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-----------------------|---------|
| 1. Marie-Pierre BINET | 0:59:39 |
| 2. Nathalie MYLLE | 1:01:04 |
| 3. H  lene FENZY | 1:08:47 |

1.	233	00:01:14		50m	24'40"/km
2.	142	00:02:50	00:04:04	63m	44'58"/km
3.	235	00:01:37	00:05:41	75m	21'33"/km
4.	232	00:03:01	00:08:42	154m	19'35"/km
5.	237	00:01:19	00:10:01	103m	12'47"/km
6.	149	00:04:56	00:14:57	268m	18'24"/km
7.	170	00:02:27	00:17:24	158m	15'30"/km
8.	118	00:03:03	00:20:27	146m	20'53"/km
9.	240	00:02:06	00:22:33	118m	17'48"/km
10.	117	00:01:47	00:24:20	87m	20'30"/km
11.	125	00:03:47	00:28:07	171m	22'07"/km
12.	119	00:08:01	00:36:08	377m	21'16"/km
13.	155	00:02:06	00:38:14	105m	20'00"/km
14.	156	00:03:57	00:42:11	191m	20'41"/km
15.	161	00:05:43	00:47:54	210m	27'13"/km
16.	108	00:04:30	00:52:24	210m	21'26"/km
17.	107	00:05:44	00:58:08	177m	32'24"/km
18.	138	00:03:51	01:01:59	160m	24'04"/km
19.	139	00:03:43	01:05:42	128m	29'02"/km
20.	153	00:03:34	01:09:16	190m	18'46"/km
21.	146	00:01:12	01:10:28	64m	18'45"/km
22.	220	00:01:55	01:12:23	62m	30'55"/km
23.	999	00:00:19	01:12:42	40m	7'55"/km

Orienteering Software