



# NORTH SEA TROPHY 2022 - DAY 3

## SCHIPSGAT DUINEN 13.11.2022

### K.O.L.

**Karl -Heinz SEEFELD**

OLV Uslar 1976 e.V.

Course : H65

Distance : 4400m

Time : 1:27:07 (19'48"/km)

**24/36**

O.K.

[Full result on Webres](#)

|                |         |
|----------------|---------|
| 1. Paul ALLE   | 0:51:48 |
| 2. Guido RHYN  | 0:52:15 |
| 3. Andre AERTS | 0:53:57 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 152 | 00:03:54 |          | 139m | 28'03"/km |
| 2.  | 104 | 00:01:35 | 00:05:29 | 79m  | 20'03"/km |
| 3.  | 151 | 00:05:06 | 00:10:35 | 280m | 18'13"/km |
| 4.  | 154 | 00:04:26 | 00:15:01 | 258m | 17'11"/km |
| 5.  | 124 | 00:06:12 | 00:21:13 | 273m | 22'43"/km |
| 6.  | 168 | 00:01:54 | 00:23:07 | 158m | 12'02"/km |
| 7.  | 145 | 00:01:02 | 00:24:09 | 53m  | 19'30"/km |
| 8.  | 118 | 00:03:43 | 00:27:52 | 268m | 13'52"/km |
| 9.  | 148 | 00:03:52 | 00:31:44 | 247m | 15'39"/km |
| 10. | 125 | 00:03:32 | 00:35:16 | 135m | 26'10"/km |
| 11. | 141 | 00:06:01 | 00:41:17 | 300m | 20'03"/km |
| 12. | 155 | 00:05:12 | 00:46:29 | 333m | 15'37"/km |
| 13. | 105 | 00:02:00 | 00:48:29 | 126m | 15'52"/km |
| 14. | 156 | 00:01:04 | 00:49:33 | 71m  | 15'01"/km |
| 15. | 161 | 00:03:26 | 00:52:59 | 210m | 16'21"/km |
| 16. | 108 | 00:03:09 | 00:56:08 | 210m | 15'00"/km |
| 17. | 137 | 00:04:08 | 01:00:16 | 177m | 23'21"/km |
| 18. | 140 | 00:06:40 | 01:06:56 | 209m | 31'54"/km |
| 19. | 106 | 00:03:00 | 01:09:56 | 152m | 19'44"/km |
| 20. | 139 | 00:02:05 | 01:12:01 | 86m  | 24'13"/km |
| 21. | 127 | 00:05:20 | 01:17:21 | 184m | 28'59"/km |
| 22. | 167 | 00:05:05 | 01:22:26 | 172m | 29'33"/km |
| 23. | 113 | 00:02:06 | 01:24:32 | 81m  | 25'56"/km |
| 24. | 153 | 00:01:03 | 01:25:35 | 82m  | 12'48"/km |
| 25. | 220 | 00:01:18 | 01:26:53 | 77m  | 16'53"/km |
| 26. | 999 | 00:00:14 | 01:27:07 | 40m  | 5'50"/km  |

Orienteering Software