



NORTH SEA TROPHY 2022 - DAY 3

SCHIPSGAT DUINEN 13.11.2022

K.O.L.

Benoît DEFRAIGNE

ASUB

Course : H55

Distance : 4570m

Time : 1:09:37 (15'14"/km)

16/32

O.K.

[Full result on Webres](#)

- | | |
|-----------------|---------|
| 1. Dirk DEJGERS | 0:49:59 |
| 2. Serge BAERT | 0:50:06 |
| 3. Jon CROSS | 0:50:23 |

1.	110	00:01:52		64m	29'10"/km
2.	152	00:01:11	00:03:03	75m	15'47"/km
3.	141	00:03:25	00:06:28	171m	19'59"/km
4.	130	00:03:08	00:09:36	142m	22'04"/km
5.	125	00:03:20	00:12:56	180m	18'31"/km
6.	148	00:02:15	00:15:11	135m	16'40"/km
7.	116	00:01:46	00:16:57	128m	13'48"/km
8.	131	00:03:47	00:20:44	269m	14'04"/km
9.	119	00:01:33	00:22:17	141m	11'00"/km
10.	158	00:04:24	00:26:41	265m	16'36"/km
11.	140	00:01:24	00:28:05	129m	10'51"/km
12.	155	00:04:00	00:32:05	365m	10'58"/km
13.	105	00:01:04	00:33:09	126m	8'28"/km
14.	163	00:02:59	00:36:08	243m	12'17"/km
15.	135	00:03:27	00:39:35	221m	15'37"/km
16.	136	00:02:55	00:42:30	272m	10'43"/km
17.	133	00:01:57	00:44:27	77m	25'19"/km
18.	160	00:06:03	00:50:30	388m	15'36"/km
19.	108	00:01:20	00:51:50	115m	11'36"/km
20.	138	00:03:34	00:55:24	333m	10'43"/km
21.	106	00:02:05	00:57:29	63m	33'04"/km
22.	143	00:01:58	00:59:27	139m	14'09"/km
23.	159	00:01:35	01:01:02	95m	16'40"/km
24.	167	00:05:39	01:06:41	157m	35'59"/km
25.	113	00:00:52	01:07:33	81m	10'42"/km
26.	153	00:00:56	01:08:29	82m	11'23"/km
27.	220	00:01:00	01:09:29	77m	12'59"/km
28.	999	00:00:08	01:09:37	40m	3'20"/km

Orienteering Software