



NORTH SEA TROPHY 2022 - DAY 3

SCHIPSGAT DUINEN 13.11.2022

K.O.L.

Nicolas SPILERS

Altair Orientation

Course : H21

Distance : 5500m

Time : 1:03:55 (11'37"/km)

6/16

O.K.

[Full result on Webres](#)

- | | |
|---------------------|---------|
| 1. Winand BERNAERS | 0:53:05 |
| 2. Tom GEYPEN | 0:54:44 |
| 3. Cédric AMERIJCKX | 0:58:26 |

1.	148	00:04:10		156m	26'43"/km
2.	126	00:02:04	00:06:14	198m	10'26"/km
3.	145	00:03:18	00:09:32	249m	13'15"/km
4.	122	00:01:48	00:11:20	176m	10'14"/km
5.	121	00:01:20	00:12:40	150m	8'53"/km
6.	120	00:01:24	00:14:04	133m	10'32"/km
7.	118	00:01:58	00:16:02	238m	8'16"/km
8.	151	00:02:29	00:18:31	274m	9'04"/km
9.	127	00:05:44	00:24:15	381m	15'03"/km
10.	128	00:02:05	00:26:20	168m	12'24"/km
11.	129	00:01:45	00:28:05	101m	17'20"/km
12.	130	00:01:56	00:30:01	213m	9'05"/km
13.	131	00:01:37	00:31:38	125m	12'56"/km
14.	105	00:02:47	00:34:25	329m	8'28"/km
15.	160	00:03:03	00:37:28	209m	14'36"/km
16.	108	00:01:17	00:38:45	115m	11'10"/km
17.	161	00:02:00	00:40:45	210m	9'31"/km
18.	136	00:01:41	00:42:26	188m	8'57"/km
19.	133	00:01:08	00:43:34	77m	14'43"/km
20.	156	00:01:57	00:45:31	178m	10'57"/km
21.	157	00:01:54	00:47:25	180m	10'33"/km
22.	138	00:04:13	00:51:38	453m	9'18"/km
23.	139	00:01:20	00:52:58	128m	10'25"/km
24.	141	00:03:07	00:56:05	265m	11'46"/km
25.	152	00:02:15	00:58:20	171m	13'09"/km
26.	162	00:02:06	01:00:26	92m	22'50"/km
27.	153	00:02:05	01:02:31	177m	11'46"/km
28.	146	00:00:33	01:03:04	64m	8'36"/km
29.	220	00:00:43	01:03:47	62m	11'34"/km
30.	999	00:00:08	01:03:55	40m	3'20"/km