



NORTH SEA TROPHY 2022 - DAY 2

KOKSIJDE DE STER 12.11.2022

K.O.L.

Jean-Yves RASSEL

CO Liège

Course : H40

Distance : 7010m

Time : 1:49:20 (15'36"/km)

18/18

O.K.

[Full result on Webres](#)

- | | |
|--------------------|---------|
| 1. Serguei SMIRNOV | 0:40:40 |
| 2. Jo LINTEN | 0:45:21 |
| 3. Tom MARIEN | 0:46:33 |

1.	193	00:01:11		70m	16'54"/km
2.	192	00:03:48	00:04:59	236m	16'06"/km
3.	232	00:04:04	00:09:03	116m	35'03"/km
4.	233	00:02:40	00:11:43	184m	14'30"/km
5.	172	00:04:38	00:16:21	589m	7'52"/km
6.	236	00:02:21	00:18:42	258m	9'07"/km
7.	218	00:03:01	00:21:43	390m	7'44"/km
8.	237	00:02:09	00:23:52	192m	11'12"/km
9.	214	00:02:11	00:26:03	229m	9'32"/km
10.	178	00:05:24	00:31:27	673m	8'01"/km
11.	175	00:01:53	00:33:20	228m	8'16"/km
12.	174	00:01:51	00:35:11	201m	9'12"/km
13.	173	00:02:18	00:37:29	158m	14'33"/km
14.	212	00:02:34	00:40:03	290m	8'51"/km
15.	213	00:00:56	00:40:59	109m	8'34"/km
16.	231	00:02:06	00:43:05	215m	9'46"/km
17.	190	00:07:43	00:50:48	142m	54'21"/km
18.	180	00:23:25	01:14:13	177m	132'18"/km
19.	182	00:02:48	01:17:01	220m	12'44"/km
20.	181	00:01:35	01:18:36	142m	11'09"/km
21.	225	00:10:20	01:28:56	106m	97'29"/km
22.	61	00:04:13	01:33:09	447m	9'26"/km
23.	200	00:02:14	01:35:23	244m	9'09"/km
24.	199	00:01:33	01:36:56	185m	8'23"/km
25.	226	00:02:40	01:39:36	351m	7'36"/km
26.	216	00:01:28	01:41:04	82m	17'53"/km
27.	187	00:04:01	01:45:05	235m	17'06"/km
28.	208	00:00:36	01:45:41	66m	9'05"/km
29.	203	00:02:28	01:48:09	270m	9'08"/km
30.	220	00:00:53	01:49:02	131m	6'45"/km
31.	999	00:00:18	01:49:20	92m	3'16"/km