



## NORTH SEA TROPHY 2022 - DAY 2

KOKSIJDE DE STER 12.11.2022

K.O.L.

**Thomas ENGELBEEN**

K.O.L.

Course : H40

Distance : 7010m

Time : 1:14:17 (10'36"/km)

**16/18**

O.K.

[Full result on Webres](#)

|                    |         |
|--------------------|---------|
| 1. Serguei SMIRNOV | 0:40:40 |
| 2. Jo LINTEN       | 0:45:21 |
| 3. Tom MARIEN      | 0:46:33 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 193 | 00:01:35 |          | 70m  | 22'37"/km |
| 2.  | 192 | 00:02:42 | 00:04:17 | 236m | 11'26"/km |
| 3.  | 232 | 00:02:40 | 00:06:57 | 116m | 22'59"/km |
| 4.  | 233 | 00:01:46 | 00:08:43 | 184m | 9'36"/km  |
| 5.  | 172 | 00:04:35 | 00:13:18 | 589m | 7'47"/km  |
| 6.  | 236 | 00:01:54 | 00:15:12 | 258m | 7'22"/km  |
| 7.  | 218 | 00:02:49 | 00:18:01 | 390m | 7'13"/km  |
| 8.  | 237 | 00:02:53 | 00:20:54 | 192m | 15'01"/km |
| 9.  | 214 | 00:02:09 | 00:23:03 | 229m | 9'23"/km  |
| 10. | 178 | 00:05:18 | 00:28:21 | 673m | 7'53"/km  |
| 11. | 175 | 00:02:02 | 00:30:23 | 228m | 8'55"/km  |
| 12. | 174 | 00:01:38 | 00:32:01 | 201m | 8'08"/km  |
| 13. | 173 | 00:03:04 | 00:35:05 | 158m | 19'25"/km |
| 14. | 212 | 00:02:21 | 00:37:26 | 290m | 8'06"/km  |
| 15. | 213 | 00:02:04 | 00:39:30 | 109m | 18'58"/km |
| 16. | 231 | 00:02:17 | 00:41:47 | 215m | 10'37"/km |
| 17. | 190 | 00:01:19 | 00:43:06 | 142m | 9'16"/km  |
| 18. | 180 | 00:02:05 | 00:45:11 | 177m | 11'46"/km |
| 19. | 182 | 00:10:05 | 00:55:16 | 220m | 45'50"/km |
| 20. | 181 | 00:01:42 | 00:56:58 | 142m | 11'58"/km |
| 21. | 225 | 00:01:04 | 00:58:02 | 106m | 10'04"/km |
| 22. | 61  | 00:03:41 | 01:01:43 | 447m | 8'14"/km  |
| 23. | 200 | 00:02:00 | 01:03:43 | 244m | 8'12"/km  |
| 24. | 199 | 00:01:26 | 01:05:09 | 185m | 7'45"/km  |
| 25. | 226 | 00:02:08 | 01:07:17 | 351m | 6'05"/km  |
| 26. | 216 | 00:01:11 | 01:08:28 | 82m  | 14'26"/km |
| 27. | 187 | 00:02:00 | 01:10:28 | 235m | 8'31"/km  |
| 28. | 208 | 00:00:34 | 01:11:02 | 66m  | 8'35"/km  |
| 29. | 203 | 00:02:10 | 01:13:12 | 270m | 8'01"/km  |
| 30. | 220 | 00:00:46 | 01:13:58 | 131m | 5'51"/km  |
| 31. | 999 | 00:00:19 | 01:14:17 | 92m  | 3'27"/km  |