



NORTH SEA TROPHY 2022 - DAY 2

KOKSIJDE DE STER 12.11.2022

K.O.L.

Jean-Manuel VERPOORTEN

Hermathenae

Course : H40

Distance : 7010m

Time : 0:51:23 (7'20"/km)

7/18

O.K.

[Full result on Webres](#)

1. Serguei SMIRNOV	0:40:40
2. Jo LINTEN	0:45:21
3. Tom MARIEN	0:46:33

1.	193	00:00:45		70m	10'43"/km
2.	192	00:01:45	00:02:30	236m	7'25"/km
3.	232	00:01:02	00:03:32	116m	8'54"/km
4.	233	00:01:26	00:04:58	184m	7'47"/km
5.	172	00:03:25	00:08:23	589m	5'48"/km
6.	236	00:01:50	00:10:13	258m	7'06"/km
7.	218	00:02:15	00:12:28	390m	5'46"/km
8.	237	00:01:24	00:13:52	192m	7'17"/km
9.	214	00:01:44	00:15:36	229m	7'34"/km
10.	178	00:04:24	00:20:00	673m	6'32"/km
11.	175	00:01:32	00:21:32	228m	6'44"/km
12.	174	00:01:21	00:22:53	201m	6'43"/km
13.	173	00:02:01	00:24:54	158m	12'46"/km
14.	212	00:01:50	00:26:44	290m	6'19"/km
15.	213	00:00:43	00:27:27	109m	6'34"/km
16.	231	00:01:57	00:29:24	215m	9'04"/km
17.	190	00:01:08	00:30:32	142m	7'59"/km
18.	180	00:01:28	00:32:00	177m	8'17"/km
19.	182	00:02:15	00:34:15	220m	10'14"/km
20.	181	00:00:58	00:35:13	142m	6'48"/km
21.	225	00:00:58	00:36:11	106m	9'07"/km
22.	61	00:03:26	00:39:37	447m	7'41"/km
23.	200	00:02:09	00:41:46	244m	8'49"/km
24.	199	00:01:11	00:42:57	185m	6'24"/km
25.	226	00:02:09	00:45:06	351m	6'08"/km
26.	216	00:00:52	00:45:58	82m	10'34"/km
27.	187	00:01:49	00:47:47	235m	7'44"/km
28.	208	00:00:31	00:48:18	66m	7'50"/km
29.	203	00:02:03	00:50:21	270m	7'36"/km
30.	220	00:00:44	00:51:05	131m	5'36"/km
31.	999	00:00:18	00:51:23	92m	3'16"/km