



NORTH SEA TROPHY 2022 - DAY 2

KOKSIJDE DE STER 12.11.2022

K.O.L.

Laurine HERMAN

ASUB

Course : DE

Distance : 7010m

Time : 0:50:57 (7'16"/km)

4/14

O.K.

[Full result on Webres](#)

- | | |
|---------------------|---------|
| 1. Anna SERRALLONGA | 0:45:48 |
| 2. Audrey DUQUENNE | 0:48:21 |
| 3. Ems DE SMUL | 0:49:24 |

1.	193	00:01:29		70m	21'11"/km
2.	192	00:01:40	00:03:09	236m	7'04"/km
3.	232	00:00:55	00:04:04	116m	7'54"/km
4.	233	00:01:14	00:05:18	184m	6'42"/km
5.	172	00:03:43	00:09:01	589m	6'19"/km
6.	236	00:01:46	00:10:47	258m	6'51"/km
7.	218	00:02:29	00:13:16	390m	6'22"/km
8.	237	00:01:18	00:14:34	192m	6'46"/km
9.	214	00:01:49	00:16:23	229m	7'56"/km
10.	178	00:04:26	00:20:49	673m	6'35"/km
11.	175	00:01:29	00:22:18	228m	6'30"/km
12.	174	00:01:14	00:23:32	201m	6'08"/km
13.	173	00:01:36	00:25:08	158m	10'08"/km
14.	212	00:01:46	00:26:54	290m	6'06"/km
15.	213	00:00:43	00:27:37	109m	6'34"/km
16.	231	00:02:02	00:29:39	215m	9'27"/km
17.	190	00:00:58	00:30:37	142m	6'48"/km
18.	180	00:01:37	00:32:14	177m	9'08"/km
19.	182	00:01:48	00:34:02	220m	8'11"/km
20.	181	00:01:09	00:35:11	142m	8'06"/km
21.	225	00:00:56	00:36:07	106m	8'48"/km
22.	61	00:03:26	00:39:33	447m	7'41"/km
23.	200	00:01:58	00:41:31	244m	8'04"/km
24.	199	00:01:14	00:42:45	185m	6'40"/km
25.	226	00:02:09	00:44:54	351m	6'08"/km
26.	216	00:00:44	00:45:38	82m	8'57"/km
27.	187	00:01:53	00:47:31	235m	8'01"/km
28.	208	00:00:27	00:47:58	66m	6'49"/km
29.	203	00:01:48	00:49:46	270m	6'40"/km
30.	220	00:01:00	00:50:46	131m	7'38"/km
31.	999	00:00:11	00:50:57	92m	2'00"/km