



NORTH SEA TROPHY 2022 - DAY 2

KOKSIJDE DE STER 12.11.2022

K.O.L.

Laurence DEFRAIGNE

ASUB

Course : D-20

Distance : 5680m

Time : 0:48:12 (8'29"/km)

2/4

O.K.

[Full result on Webres](#)

1. Gaëlle FRONHOFFS
3. Emma MAES

0:43:07
0:55:27

1.	193	00:00:52		70m	12'23"/km
2.	179	00:01:10	00:02:02	134m	8'42"/km
3.	195	00:02:23	00:04:25	258m	9'14"/km
4.	217	00:03:17	00:07:42	409m	8'02"/km
5.	236	00:01:35	00:09:17	254m	6'14"/km
6.	218	00:02:59	00:12:16	390m	7'39"/km
7.	237	00:01:33	00:13:49	192m	8'04"/km
8.	219	00:03:02	00:16:51	342m	8'52"/km
9.	171	00:02:32	00:19:23	264m	9'36"/km
10.	221	00:01:45	00:21:08	193m	9'04"/km
11.	174	00:02:05	00:23:13	226m	9'13"/km
12.	222	00:00:43	00:23:56	71m	10'06"/km
13.	223	00:01:12	00:25:08	150m	8'00"/km
14.	178	00:00:37	00:25:45	65m	9'29"/km
15.	213	00:01:47	00:27:32	251m	7'06"/km
16.	224	00:02:38	00:30:10	264m	9'58"/km
17.	225	00:01:16	00:31:26	109m	11'37"/km
18.	180	00:01:31	00:32:57	163m	9'18"/km
19.	183	00:01:55	00:34:52	198m	9'41"/km
20.	61	00:01:28	00:36:20	160m	9'10"/km
21.	200	00:02:07	00:38:27	244m	8'40"/km
22.	186	00:01:07	00:39:34	164m	6'49"/km
23.	208	00:02:04	00:41:38	281m	7'21"/km
24.	215	00:00:51	00:42:29	97m	8'46"/km
25.	226	00:01:47	00:44:16	161m	11'05"/km
26.	216	00:00:43	00:44:59	82m	8'44"/km
27.	59	00:01:19	00:46:18	112m	11'45"/km
28.	191	00:00:26	00:46:44	69m	6'17"/km
29.	220	00:01:14	00:47:58	244m	5'03"/km
30.	999	00:00:14	00:48:12	92m	2'32"/km