



NORTH SEA TROPHY 2022 - DAY 1

HET LIEFOORD 11.11.2022

K.O.L.

Plamen PEEV

Indiv.

Course : LD

Distance : 3980m

Time : 0:32:44 (8'13"/km)

5/20

O.K.

[Full result on Webres](#)

1. Mats DE SMUL	0:25:23
2. Tille DE SMUL	0:26:04
3. Sebastien DE POORTER	0:31:53

1.	154	00:02:17		254m	8'59"/km
2.	151	00:00:54	00:03:11	139m	6'28"/km
3.	103	00:01:25	00:04:36	138m	10'16"/km
4.	200	00:00:41	00:05:17	87m	7'51"/km
5.	105	00:01:09	00:06:26	178m	6'28"/km
6.	106	00:00:39	00:07:05	92m	7'04"/km
7.	107	00:00:28	00:07:33	50m	9'20"/km
8.	108	00:01:26	00:08:59	201m	7'08"/km
9.	111	00:00:52	00:09:51	111m	7'48"/km
10.	109	00:00:43	00:10:34	75m	9'33"/km
11.	110	00:00:42	00:11:16	110m	6'22"/km
12.	112	00:01:20	00:12:36	207m	6'26"/km
13.	200	00:01:25	00:14:01	214m	6'37"/km
14.	137	00:00:46	00:14:47	122m	6'17"/km
15.	159	00:00:39	00:15:26	57m	11'24"/km
16.	115	00:01:51	00:17:17	264m	7'00"/km
17.	116	00:00:38	00:17:55	101m	6'16"/km
18.	129	00:01:33	00:19:28	149m	10'24"/km
19.	119	00:02:13	00:21:41	212m	10'27"/km
20.	117	00:01:45	00:23:26	206m	8'30"/km
21.	128	00:01:13	00:24:39	140m	8'41"/km
22.	130	00:01:22	00:26:01	234m	5'50"/km
23.	161	00:00:38	00:26:39	90m	7'02"/km
24.	122	00:01:22	00:28:01	65m	21'02"/km
25.	123	00:00:53	00:28:54	95m	9'18"/km
26.	124	00:00:59	00:29:53	67m	14'41"/km
27.	126	00:01:32	00:31:25	173m	8'52"/km
28.	146	00:00:44	00:32:09	40m	18'20"/km
29.	220	00:00:24	00:32:33	54m	7'24"/km
30.	999	00:00:11	00:32:44	56m	3'16"/km