



NORTH SEA TROPHY 2022 - DAY 1

HET LIEFOORD 11.11.2022

K.O.L.

Pierre WILLEMS

ASUB

Course : LD

Distance : 3980m

Time : 0:35:38 (8'57"/km)

6/20

O.K.

[Full result on Webres](#)

- | | |
|-------------------------|---------|
| 1. Mats DE SMUL | 0:25:23 |
| 2. Tille DE SMUL | 0:26:04 |
| 3. Sebastien DE POORTER | 0:31:53 |

1.	154	00:02:17		254m	8'59"/km
2.	151	00:00:56	00:03:13	139m	6'43"/km
3.	103	00:01:23	00:04:36	138m	10'01"/km
4.	200	00:00:42	00:05:18	87m	8'03"/km
5.	105	00:01:14	00:06:32	178m	6'56"/km
6.	106	00:00:43	00:07:15	92m	7'47"/km
7.	107	00:00:33	00:07:48	50m	11'00"/km
8.	108	00:01:41	00:09:29	201m	8'22"/km
9.	111	00:00:53	00:10:22	111m	7'57"/km
10.	109	00:00:59	00:11:21	75m	13'07"/km
11.	110	00:00:53	00:12:14	110m	8'02"/km
12.	112	00:01:39	00:13:53	207m	7'58"/km
13.	200	00:01:27	00:15:20	214m	6'47"/km
14.	137	00:00:48	00:16:08	122m	6'33"/km
15.	159	00:00:47	00:16:55	57m	13'45"/km
16.	115	00:01:42	00:18:37	264m	6'26"/km
17.	116	00:00:36	00:19:13	101m	5'56"/km
18.	129	00:01:17	00:20:30	149m	8'37"/km
19.	119	00:03:51	00:24:21	212m	18'10"/km
20.	117	00:01:35	00:25:56	206m	7'41"/km
21.	128	00:01:22	00:27:18	140m	9'46"/km
22.	130	00:01:20	00:28:38	234m	5'42"/km
23.	161	00:00:40	00:29:18	90m	7'24"/km
24.	122	00:01:24	00:30:42	65m	21'32"/km
25.	123	00:01:01	00:31:43	95m	10'42"/km
26.	124	00:01:00	00:32:43	67m	14'56"/km
27.	126	00:01:36	00:34:19	173m	9'15"/km
28.	146	00:00:39	00:34:58	40m	16'15"/km
29.	220	00:00:24	00:35:22	54m	7'24"/km
30.	999	00:00:16	00:35:38	56m	4'46"/km