



NORTH SEA TROPHY 2022 - DAY 1

HET LIEFOORD 11.11.2022

K.O.L.

Karl -Heinz SEEFELD

OLV Uslar 1976 e.V.

Course : H65

Distance : 3300m

Time : 0:41:51 (12'41"/km)

16/36

O.K.

[Full result on Webres](#)

- | | |
|---------------------|---------|
| 1. Guido RHYN | 0:26:22 |
| 2. Paul ALLE | 0:26:30 |
| 3. Adrie VAN OPSTAL | 0:29:33 |

1.	148	00:01:36		150m	10'40"/km
2.	134	00:01:32	00:03:08	60m	25'33"/km
3.	103	00:01:03	00:04:11	67m	15'40"/km
4.	136	00:00:43	00:04:54	63m	11'23"/km
5.	200	00:00:40	00:05:34	35m	19'03"/km
6.	149	00:02:06	00:07:40	185m	11'21"/km
7.	111	00:02:17	00:09:57	228m	10'01"/km
8.	109	00:01:03	00:11:00	75m	14'00"/km
9.	150	00:01:45	00:12:45	171m	10'14"/km
10.	200	00:01:17	00:14:02	155m	8'17"/km
11.	101	00:03:42	00:17:44	212m	17'27"/km
12.	115	00:01:39	00:19:23	148m	11'09"/km
13.	138	00:00:56	00:20:19	109m	8'34"/km
14.	151	00:00:48	00:21:07	78m	10'15"/km
15.	121	00:03:17	00:24:24	317m	10'21"/km
16.	122	00:01:50	00:26:14	90m	20'22"/km
17.	123	00:01:20	00:27:34	95m	14'02"/km
18.	118	00:04:03	00:31:37	263m	15'24"/km
19.	152	00:00:55	00:32:32	77m	11'54"/km
20.	124	00:04:25	00:36:57	335m	13'11"/km
21.	139	00:01:05	00:38:02	66m	16'25"/km
22.	125	00:01:32	00:39:34	92m	16'40"/km
23.	120	00:00:40	00:40:14	47m	14'11"/km
24.	141	00:00:36	00:40:50	62m	9'41"/km
25.	220	00:00:44	00:41:34	66m	11'07"/km
26.	999	00:00:17	00:41:51	56m	5'04"/km

Orienteering Software