



NORTH SEA TROPHY 2022 - DAY 1

HET LIEFOORD 11.11.2022

K.O.L.

Michel TILKIN

CO Liège

Course : H60

Distance : 3240m

Time : 0:34:26 (10'38"/km)

17/45

O.K.

[Full result on Webres](#)

1. Christian STOFFELS	0:23:54
2. Luc MELIS	0:25:20
3. Patrick MOSSOUX	0:27:07

1.	156	00:01:02		85m	12'09"/km
2.	114	00:01:35	00:02:37	85m	18'38"/km
3.	103	00:01:08	00:03:45	78m	14'32"/km
4.	200	00:00:56	00:04:41	87m	10'44"/km
5.	108	00:01:29	00:06:10	146m	10'10"/km
6.	112	00:00:56	00:07:06	84m	11'07"/km
7.	109	00:01:21	00:08:27	104m	12'59"/km
8.	110	00:00:52	00:09:19	110m	7'53"/km
9.	111	00:01:15	00:10:34	124m	10'05"/km
10.	150	00:01:21	00:11:55	154m	8'46"/km
11.	106	00:01:16	00:13:11	115m	11'01"/km
12.	107	00:00:36	00:13:47	50m	12'00"/km
13.	155	00:01:22	00:15:09	101m	13'32"/km
14.	200	00:01:13	00:16:22	117m	10'24"/km
15.	143	00:01:01	00:17:23	139m	7'19"/km
16.	102	00:00:44	00:18:07	91m	8'04"/km
17.	138	00:00:14	00:18:21	34m	6'52"/km
18.	162	00:02:14	00:20:35	226m	9'53"/km
19.	116	00:01:47	00:22:22	187m	9'32"/km
20.	161	00:00:37	00:22:59	68m	9'04"/km
21.	152	00:01:59	00:24:58	206m	9'38"/km
22.	118	00:00:51	00:25:49	77m	11'02"/km
23.	119	00:01:30	00:27:19	98m	15'18"/km
24.	122	00:01:59	00:29:18	208m	9'32"/km
25.	124	00:01:09	00:30:27	102m	11'16"/km
26.	139	00:00:51	00:31:18	66m	12'53"/km
27.	140	00:01:10	00:32:28	62m	18'49"/km
28.	141	00:01:08	00:33:36	120m	9'27"/km
29.	220	00:00:37	00:34:13	66m	9'21"/km
30.	999	00:00:13	00:34:26	56m	3'52"/km