



NORTH SEA TROPHY 2022 - DAY 1

HET LIEFOORD 11.11.2022

K.O.L.

Jan TOELEN

K.O.L.

Course : H60

Distance : 3240m

Time : 0:34:54 (10'46"/km)

19/45

O.K.

[Full result on Webres](#)

- | | |
|-----------------------|---------|
| 1. Christian STOFFELS | 0:23:54 |
| 2. Luc MELIS | 0:25:20 |
| 3. Patrick MOSSOUX | 0:27:07 |

1.	156	00:01:08		85m	13'20"/km
2.	114	00:00:45	00:01:53	85m	8'49"/km
3.	103	00:01:00	00:02:53	78m	12'49"/km
4.	142	00:00:36	00:03:29		
5.	200	00:00:20	00:03:49		
6.	108	00:01:20	00:05:09	146m	9'08"/km
7.	112	00:00:50	00:05:59	84m	9'55"/km
8.	109	00:01:04	00:07:03	104m	10'15"/km
9.	110	00:00:39	00:07:42	110m	5'55"/km
10.	111	00:01:04	00:08:46	124m	8'36"/km
11.	150	00:01:19	00:10:05	154m	8'33"/km
12.	106	00:00:48	00:10:53	115m	6'57"/km
13.	107	00:00:42	00:11:35	50m	14'00"/km
14.	155	00:01:21	00:12:56	101m	13'22"/km
15.	200	00:00:58	00:13:54	117m	8'16"/km
16.	143	00:00:57	00:14:51	139m	6'50"/km
17.	102	00:00:49	00:15:40	91m	8'58"/km
18.	138	00:00:19	00:15:59	34m	9'19"/km
19.	162	00:01:47	00:17:46	226m	7'53"/km
20.	116	00:01:33	00:19:19	187m	8'17"/km
21.	161	00:00:37	00:19:56	68m	9'04"/km
22.	152	00:02:33	00:22:29	206m	12'23"/km
23.	118	00:01:14	00:23:43	77m	16'01"/km
24.	119	00:02:09	00:25:52	98m	21'56"/km
25.	122	00:02:16	00:28:08	208m	10'54"/km
26.	124	00:01:27	00:29:35	102m	14'13"/km
27.	139	00:02:28	00:32:03	66m	37'22"/km
28.	140	00:00:56	00:32:59	62m	15'03"/km
29.	141	00:01:13	00:34:12	120m	10'08"/km
30.	220	00:00:29	00:34:41	66m	7'19"/km
31.	999	00:00:13	00:34:54	56m	3'52"/km