



NORTH SEA TROPHY 2022 - DAY 1

HET LIEFOORD 11.11.2022

K.O.L.

Jean-Noël DEBEHOGNE

ASUB

Course : H60

Distance : 3240m

Time : 0:31:32 (9'44"/km)

12/45

O.K.

[Full result on Webres](#)

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|-----------------------|---------|
| 1. Christian STOFFELS | 0:23:54 |
| 2. Luc MELIS | 0:25:20 |
| 3. Patrick MOSSOUX | 0:27:07 |

1.	156	00:00:51		85m	10'00"/km
2.	114	00:00:50	00:01:41	85m	9'48"/km
3.	103	00:01:08	00:02:49	78m	14'32"/km
4.	200	00:00:44	00:03:33	87m	8'26"/km
5.	108	00:01:26	00:04:59	146m	9'49"/km
6.	112	00:00:50	00:05:49	84m	9'55"/km
7.	109	00:00:51	00:06:40	104m	8'10"/km
8.	110	00:00:48	00:07:28	110m	7'16"/km
9.	111	00:01:03	00:08:31	124m	8'28"/km
10.	150	00:01:14	00:09:45	154m	8'01"/km
11.	106	00:00:51	00:10:36	115m	7'23"/km
12.	107	00:00:33	00:11:09	50m	11'00"/km
13.	155	00:01:24	00:12:33	101m	13'52"/km
14.	200	00:01:12	00:13:45	117m	10'15"/km
15.	143	00:01:09	00:14:54	139m	8'16"/km
16.	102	00:00:40	00:15:34	91m	7'20"/km
17.	138	00:00:13	00:15:47	34m	6'22"/km
18.	162	00:02:13	00:18:00	226m	9'48"/km
19.	116	00:01:23	00:19:23	187m	7'24"/km
20.	161	00:01:02	00:20:25	68m	15'12"/km
21.	152	00:02:05	00:22:30	206m	10'07"/km
22.	118	00:00:46	00:23:16	77m	9'57"/km
23.	119	00:01:12	00:24:28	98m	12'15"/km
24.	122	00:02:02	00:26:30	208m	9'47"/km
25.	124	00:00:51	00:27:21	102m	8'20"/km
26.	139	00:01:27	00:28:48	66m	21'58"/km
27.	140	00:00:45	00:29:33	62m	12'06"/km
28.	141	00:01:20	00:30:53	120m	11'07"/km
29.	220	00:00:28	00:31:21	66m	7'04"/km
30.	999	00:00:11	00:31:32	56m	3'16"/km