



# NORTH SEA TROPHY 2022 - DAY 1

HET LIEFOORD 11.11.2022

K.O.L.

**Luc MELIS**

hamok

Course : H60

Distance : 3240m

Time : 0:25:20 (7'49"/km)

**2/45**

O.K.

[Full result on Webres](#)

1. Christian STOFFELS

0:23:54

3. Patrick MOSSOUX

0:27:07

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 156 | 00:00:39 |          | 85m  | 7'39"/km  |
| 2.  | 114 | 00:01:03 | 00:01:42 | 85m  | 12'21"/km |
| 3.  | 103 | 00:01:11 | 00:02:53 | 78m  | 15'10"/km |
| 4.  | 200 | 00:00:36 | 00:03:29 | 87m  | 6'54"/km  |
| 5.  | 108 | 00:01:03 | 00:04:32 | 146m | 7'12"/km  |
| 6.  | 112 | 00:00:41 | 00:05:13 | 84m  | 8'08"/km  |
| 7.  | 109 | 00:00:41 | 00:05:54 | 104m | 6'34"/km  |
| 8.  | 110 | 00:00:37 | 00:06:31 | 110m | 5'36"/km  |
| 9.  | 111 | 00:00:56 | 00:07:27 | 124m | 7'32"/km  |
| 10. | 150 | 00:00:56 | 00:08:23 | 154m | 6'04"/km  |
| 11. | 106 | 00:00:55 | 00:09:18 | 115m | 7'58"/km  |
| 12. | 107 | 00:00:22 | 00:09:40 | 50m  | 7'20"/km  |
| 13. | 155 | 00:00:57 | 00:10:37 | 101m | 9'24"/km  |
| 14. | 200 | 00:00:55 | 00:11:32 | 117m | 7'50"/km  |
| 15. | 143 | 00:00:45 | 00:12:17 | 139m | 5'24"/km  |
| 16. | 102 | 00:00:31 | 00:12:48 | 91m  | 5'41"/km  |
| 17. | 138 | 00:00:11 | 00:12:59 | 34m  | 5'24"/km  |
| 18. | 162 | 00:01:53 | 00:14:52 | 226m | 8'20"/km  |
| 19. | 116 | 00:01:07 | 00:15:59 | 187m | 5'58"/km  |
| 20. | 161 | 00:00:29 | 00:16:28 | 68m  | 7'06"/km  |
| 21. | 152 | 00:01:41 | 00:18:09 | 206m | 8'10"/km  |
| 22. | 118 | 00:00:38 | 00:18:47 | 77m  | 8'14"/km  |
| 23. | 119 | 00:01:13 | 00:20:00 | 98m  | 12'25"/km |
| 24. | 122 | 00:01:42 | 00:21:42 | 208m | 8'10"/km  |
| 25. | 124 | 00:00:53 | 00:22:35 | 102m | 8'40"/km  |
| 26. | 139 | 00:00:37 | 00:23:12 | 66m  | 9'21"/km  |
| 27. | 140 | 00:00:41 | 00:23:53 | 62m  | 11'01"/km |
| 28. | 141 | 00:00:49 | 00:24:42 | 120m | 6'48"/km  |
| 29. | 220 | 00:00:26 | 00:25:08 | 66m  | 6'34"/km  |
| 30. | 999 | 00:00:12 | 00:25:20 | 56m  | 3'34"/km  |