



NORTH SEA TROPHY 2022 - DAY 1

HET LIEFOORD 11.11.2022

K.O.L.

Jan VAN LOMMEL

K.O.L.

Course : H50

Distance : 3550m

Time : 0:41:08 (11'35"/km)

35/41

O.K.

[Full result on Webres](#)

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|--------------------|---------|
| 1. Jérôme DANIEL | 0:25:08 |
| 2. Olivier DE SMUL | 0:25:26 |
| 3. Jason INMAN | 0:25:46 |

1.	114	00:01:46		156m	11'19"/km
2.	134	00:00:36	00:02:22	41m	14'38"/km
3.	102	00:01:09	00:03:31	115m	10'00"/km
4.	115	00:01:13	00:04:44	134m	9'05"/km
5.	116	00:00:56	00:05:40	101m	9'14"/km
6.	129	00:01:34	00:07:14	149m	10'31"/km
7.	160	00:01:06	00:08:20	86m	12'47"/km
8.	156	00:00:49	00:09:09	88m	9'17"/km
9.	136	00:01:45	00:10:54	158m	11'05"/km
10.	155	00:02:03	00:12:57	85m	24'07"/km
11.	106	00:01:01	00:13:58	112m	9'05"/km
12.	112	00:01:32	00:15:30	144m	10'39"/km
13.	153	00:01:18	00:16:48	137m	9'29"/km
14.	109	00:00:47	00:17:35	76m	10'18"/km
15.	108	00:01:48	00:19:23	159m	11'19"/km
16.	200	00:01:40	00:21:03	146m	11'25"/km
17.	103	00:01:08	00:22:11	87m	13'02"/km
18.	143	00:01:41	00:23:52	97m	17'21"/km
19.	138	00:01:12	00:25:04	119m	10'05"/km
20.	131	00:01:17	00:26:21	147m	8'44"/km
21.	152	00:02:33	00:28:54	205m	12'26"/km
22.	117	00:01:02	00:29:56	95m	10'53"/km
23.	119	00:02:45	00:32:41	206m	13'21"/km
24.	130	00:01:28	00:34:09	130m	11'17"/km
25.	121	00:00:54	00:35:03	71m	12'41"/km
26.	122	00:01:31	00:36:34	90m	16'51"/km
27.	139	00:01:40	00:38:14	135m	12'21"/km
28.	125	00:01:13	00:39:27	92m	13'13"/km
29.	220	00:01:20	00:40:47	134m	9'57"/km
30.	999	00:00:21	00:41:08	56m	6'15"/km