



NORTH SEA TROPHY 2022 - DAY 1

HET LIEFOORD 11.11.2022

K.O.L.

Pascal PLUVINAGE

Balise 10

Course : H50

Distance : 3550m

Time : 0:35:50 (10'06"/km)

28/41

O.K.

[Full result on Webres](#)

- | | |
|--------------------|---------|
| 1. Jérôme DANIEL | 0:25:08 |
| 2. Olivier DE SMUL | 0:25:26 |
| 3. Jason INMAN | 0:25:46 |

1.	114	00:01:23		156m	8'52"/km
2.	134	00:01:01	00:02:24	41m	24'48"/km
3.	102	00:01:15	00:03:39	115m	10'52"/km
4.	115	00:00:50	00:04:29	134m	6'13"/km
5.	116	00:00:33	00:05:02	101m	5'27"/km
6.	129	00:01:27	00:06:29	149m	9'44"/km
7.	148	00:01:00	00:07:29		
8.	160	00:00:19	00:07:48		
9.	156	00:00:42	00:08:30	88m	7'57"/km
10.	136	00:01:17	00:09:47	158m	8'07"/km
11.	155	00:02:58	00:12:45	85m	34'54"/km
12.	106	00:00:57	00:13:42	112m	8'29"/km
13.	112	00:01:16	00:14:58	144m	8'48"/km
14.	153	00:01:02	00:16:00	137m	7'33"/km
15.	109	00:00:44	00:16:44	76m	9'39"/km
16.	108	00:01:17	00:18:01	159m	8'04"/km
17.	200	00:01:03	00:19:04	146m	7'12"/km
18.	103	00:01:26	00:20:30	87m	16'29"/km
19.	143	00:01:12	00:21:42	97m	12'22"/km
20.	138	00:00:56	00:22:38	119m	7'51"/km
21.	131	00:00:52	00:23:30	147m	5'54"/km
22.	152	00:01:41	00:25:11	205m	8'13"/km
23.	117	00:00:51	00:26:02	95m	8'57"/km
24.	119	00:02:53	00:28:55	206m	14'00"/km
25.	130	00:01:09	00:30:04	130m	8'51"/km
26.	121	00:00:42	00:30:46	71m	9'52"/km
27.	122	00:01:34	00:32:20	90m	17'24"/km
28.	139	00:01:24	00:33:44	135m	10'22"/km
29.	125	00:01:08	00:34:52	92m	12'19"/km
30.	220	00:00:47	00:35:39	134m	5'51"/km
31.	999	00:00:11	00:35:50	56m	3'16"/km