



NORTH SEA TROPHY 2022 - DAY 1

HET LIEFOORD 11.11.2022

K.O.L.

Christophe AMERIJCKX

ASUB

Course : H50

Distance : 3550m

Time : 0:26:52 (7'34"/km)

8/41

O.K.

[Full result on Webres](#)

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|--------------------|---------|
| 1. Jérôme DANIEL | 0:25:08 |
| 2. Olivier DE SMUL | 0:25:26 |
| 3. Jason INMAN | 0:25:46 |

1.	114	00:01:54	156m	12'11"/km
2.	134	00:00:29 00:02:23	41m	11'47"/km
3.	102	00:00:40 00:03:03	115m	5'48"/km
4.	115	00:00:38 00:03:41	134m	4'44"/km
5.	116	00:00:33 00:04:14	101m	5'27"/km
6.	129	00:00:56 00:05:10	149m	6'16"/km
7.	160	00:00:44 00:05:54	86m	8'32"/km
8.	156	00:00:30 00:06:24	88m	5'41"/km
9.	136	00:00:53 00:07:17	158m	5'35"/km
10.	155	00:01:31 00:08:48	85m	17'51"/km
11.	106	00:00:45 00:09:33	112m	6'42"/km
12.	112	00:01:01 00:10:34	144m	7'04"/km
13.	153	00:01:00 00:11:34	137m	7'18"/km
14.	109	00:00:31 00:12:05	76m	6'48"/km
15.	108	00:00:57 00:13:02	159m	5'58"/km
16.	200	00:00:56 00:13:58	146m	6'24"/km
17.	103	00:00:58 00:14:56	87m	11'07"/km
18.	143	00:01:00 00:15:56	97m	10'19"/km
19.	138	00:00:37 00:16:33	119m	5'11"/km
20.	131	00:00:42 00:17:15	147m	4'46"/km
21.	152	00:01:36 00:18:51	205m	7'48"/km
22.	117	00:00:38 00:19:29	95m	6'40"/km
23.	119	00:02:03 00:21:32	206m	9'57"/km
24.	130	00:00:51 00:22:23	130m	6'32"/km
25.	121	00:00:31 00:22:54	71m	7'17"/km
26.	122	00:01:06 00:24:00	90m	12'13"/km
27.	139	00:01:04 00:25:04	135m	7'54"/km
28.	125	00:00:57 00:26:01	92m	10'20"/km
29.	220	00:00:42 00:26:43	134m	5'13"/km
30.	999	00:00:09 00:26:52	56m	2'41"/km