



NORTH SEA TROPHY 2022 - DAY 1

HET LIEFOORD 11.11.2022

K.O.L.

Alistair FRONHOFFS

ASUB

Course : H45

Distance : 3760m

Time : 0:33:30 (8'55"/km)

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O.K.

[Full result on Webres](#)

1. Jerome BAUDSON	0:22:18
2. Alain MAZY	0:24:42
3. Andrew SIMPSON	0:24:54

1.	101	00:01:39		214m	7'43"/km
2.	121	00:01:34	00:03:13	201m	7'48"/km
3.	122	00:01:59	00:05:12	90m	22'02"/km
4.	115	00:02:13	00:07:25	201m	11'02"/km
5.	114	00:01:12	00:08:37	207m	5'48"/km
6.	142	00:01:44	00:10:21	131m	13'14"/km
7.	105	00:01:14	00:11:35	194m	6'21"/km
8.	111	00:01:05	00:12:40	164m	6'36"/km
9.	110	00:01:16	00:13:56	124m	10'13"/km
10.	109	00:00:39	00:14:35	110m	5'55"/km
11.	108	00:01:04	00:15:39	159m	6'43"/km
12.	112	00:00:47	00:16:26	84m	9'20"/km
13.	103	00:02:27	00:18:53	232m	10'34"/km
14.	134	00:01:00	00:19:53	67m	14'56"/km
15.	102	00:00:55	00:20:48	115m	7'58"/km
16.	131	00:00:51	00:21:39	156m	5'27"/km
17.	133	00:01:39	00:23:18	217m	7'36"/km
18.	119	00:01:23	00:24:41	43m	32'10"/km
19.	132	00:01:27	00:26:08	146m	9'56"/km
20.	128	00:01:07	00:27:15	133m	8'24"/km
21.	116	00:01:13	00:28:28	196m	6'12"/km
22.	130	00:00:58	00:29:26	158m	6'07"/km
23.	124	00:01:00	00:30:26	117m	8'33"/km
24.	140	00:01:45	00:32:11	78m	22'26"/km
25.	125	00:00:17	00:32:28	30m	9'27"/km
26.	220	00:00:52	00:33:20	134m	6'28"/km
27.	999	00:00:10	00:33:30	56m	2'59"/km

Orienteering Software