



# NORTH SEA TROPHY 2022 - DAY 1

HET LIEFOORD 11.11.2022

K.O.L.

**Frank LEMY**

Pégase CO

Course : H45

Distance : 3760m

Time : 0:32:03 (8'31"/km)

**21/38**

O.K.

[Full result on Webres](#)

|                   |         |
|-------------------|---------|
| 1. Jerome BAUDSON | 0:22:18 |
| 2. Alain MAZY     | 0:24:42 |
| 3. Andrew SIMPSON | 0:24:54 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 101 | 00:01:48 |          | 214m | 8'25"/km  |
| 2.  | 121 | 00:01:54 | 00:03:42 | 201m | 9'27"/km  |
| 3.  | 122 | 00:01:07 | 00:04:49 | 90m  | 12'24"/km |
| 4.  | 115 | 00:01:15 | 00:06:04 | 201m | 6'13"/km  |
| 5.  | 114 | 00:01:20 | 00:07:24 | 207m | 6'26"/km  |
| 6.  | 142 | 00:01:08 | 00:08:32 | 131m | 8'39"/km  |
| 7.  | 105 | 00:01:27 | 00:09:59 | 194m | 7'28"/km  |
| 8.  | 111 | 00:01:08 | 00:11:07 | 164m | 6'55"/km  |
| 9.  | 110 | 00:00:45 | 00:11:52 | 124m | 6'03"/km  |
| 10. | 109 | 00:00:44 | 00:12:36 | 110m | 6'40"/km  |
| 11. | 108 | 00:01:09 | 00:13:45 | 159m | 7'14"/km  |
| 12. | 112 | 00:01:02 | 00:14:47 | 84m  | 12'18"/km |
| 13. | 103 | 00:02:47 | 00:17:34 | 232m | 12'00"/km |
| 14. | 134 | 00:00:44 | 00:18:18 | 67m  | 10'57"/km |
| 15. | 102 | 00:00:54 | 00:19:12 | 115m | 7'50"/km  |
| 16. | 131 | 00:00:54 | 00:20:06 | 156m | 5'46"/km  |
| 17. | 133 | 00:02:27 | 00:22:33 | 217m | 11'17"/km |
| 18. | 119 | 00:01:12 | 00:23:45 | 43m  | 27'54"/km |
| 19. | 132 | 00:01:38 | 00:25:23 | 146m | 11'11"/km |
| 20. | 128 | 00:01:17 | 00:26:40 | 133m | 9'39"/km  |
| 21. | 116 | 00:01:10 | 00:27:50 | 196m | 5'57"/km  |
| 22. | 130 | 00:00:58 | 00:28:48 | 158m | 6'07"/km  |
| 23. | 124 | 00:01:07 | 00:29:55 | 117m | 9'33"/km  |
| 24. | 140 | 00:00:54 | 00:30:49 | 78m  | 11'32"/km |
| 25. | 125 | 00:00:19 | 00:31:08 | 30m  | 10'33"/km |
| 26. | 220 | 00:00:43 | 00:31:51 | 134m | 5'21"/km  |
| 27. | 999 | 00:00:12 | 00:32:03 | 56m  | 3'34"/km  |

Orienteering Software