



NORTH SEA TROPHY 2022 - DAY 1

HET LIEFOORD 11.11.2022

K.O.L.

Wim BRIES

K.O.L.

Course : H40

Distance : 3740m

Time : 0:36:51 (9'51"/km)

15/18

O.K.

[Full result on Webres](#)

1. Serguei SMIRNOV	0:23:50
2. Jo LINTEN	0:25:46
3. Gregory PRINS	0:26:21

1.	154	00:01:59	254m	7'49"/km
2.	151	00:01:00 00:02:59	139m	7'12"/km
3.	103	00:01:28 00:04:27	138m	10'38"/km
4.	136	00:00:27 00:04:54	63m	7'09"/km
5.	105	00:02:42 00:07:36	151m	17'53"/km
6.	106	00:00:35 00:08:11	92m	6'20"/km
7.	107	00:00:33 00:08:44	50m	11'00"/km
8.	157	00:01:41 00:10:25	167m	10'05"/km
9.	112	00:00:51 00:11:16	79m	10'46"/km
10.	109	00:01:06 00:12:22	104m	10'35"/km
11.	110	00:00:48 00:13:10	110m	7'16"/km
12.	111	00:01:10 00:14:20	124m	9'25"/km
13.	200	00:02:05 00:16:25	255m	8'10"/km
14.	137	00:01:00 00:17:25	122m	8'12"/km
15.	115	00:03:01 00:20:26	317m	9'31"/km
16.	116	00:00:38 00:21:04	101m	6'16"/km
17.	129	00:01:26 00:22:30	149m	9'37"/km
18.	133	00:01:54 00:24:24	169m	11'15"/km
19.	118	00:01:15 00:25:39	85m	14'42"/km
20.	132	00:00:32 00:26:11	49m	10'53"/km
21.	128	00:01:28 00:27:39	133m	11'02"/km
22.	127	00:01:53 00:29:32	213m	8'51"/km
23.	130	00:00:37 00:30:09	68m	9'04"/km
24.	121	00:00:37 00:30:46	71m	8'41"/km
25.	122	00:01:22 00:32:08	90m	15'11"/km
26.	123	00:01:07 00:33:15	95m	11'45"/km
27.	124	00:01:03 00:34:18	67m	15'40"/km
28.	125	00:01:20 00:35:38	94m	14'11"/km
29.	120	00:00:25 00:36:03	47m	8'52"/km
30.	220	00:00:38 00:36:41	91m	6'58"/km
31.	999	00:00:10 00:36:51	56m	2'59"/km