



NORTH SEA TROPHY 2022 - DAY 1

HET LIEFOORD 11.11.2022

K.O.L.

Patrick MAYERES

Hermathenae

Course : H40

Distance : 3740m

Time : 0:28:03 (7'30"/km)

5/18

O.K.

[Full result on Webres](#)

- | | |
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| 1. Serguei SMIRNOV | 0:23:50 |
| 2. Jo LINTEN | 0:25:46 |
| 3. Gregory PRINS | 0:26:21 |

1.	154	00:01:51		254m	7'17"/km
2.	151	00:00:42	00:02:33	139m	5'02"/km
3.	103	00:01:03	00:03:36	138m	7'37"/km
4.	136	00:00:22	00:03:58	63m	5'49"/km
5.	105	00:01:39	00:05:37	151m	10'56"/km
6.	106	00:00:30	00:06:07	92m	5'26"/km
7.	107	00:00:25	00:06:32	50m	8'20"/km
8.	157	00:01:56	00:08:28	167m	11'35"/km
9.	112	00:00:35	00:09:03	79m	7'23"/km
10.	109	00:00:37	00:09:40	104m	5'56"/km
11.	110	00:00:39	00:10:19	110m	5'55"/km
12.	111	00:00:48	00:11:07	124m	6'27"/km
13.	200	00:01:27	00:12:34	255m	5'41"/km
14.	137	00:00:41	00:13:15	122m	5'36"/km
15.	115	00:02:10	00:15:25	317m	6'50"/km
16.	116	00:00:35	00:16:00	101m	5'47"/km
17.	129	00:01:00	00:17:00	149m	6'43"/km
18.	133	00:01:27	00:18:27	169m	8'35"/km
19.	118	00:00:46	00:19:13	85m	9'01"/km
20.	132	00:00:21	00:19:34	49m	7'09"/km
21.	128	00:01:15	00:20:49	133m	9'24"/km
22.	127	00:01:17	00:22:06	213m	6'02"/km
23.	130	00:00:35	00:22:41	68m	8'35"/km
24.	121	00:00:32	00:23:13	71m	7'31"/km
25.	122	00:01:10	00:24:23	90m	12'58"/km
26.	123	00:00:48	00:25:11	95m	8'25"/km
27.	124	00:00:46	00:25:57	67m	11'27"/km
28.	125	00:00:59	00:26:56	94m	10'28"/km
29.	120	00:00:24	00:27:20	47m	8'31"/km
30.	220	00:00:34	00:27:54	91m	6'14"/km
31.	999	00:00:09	00:28:03	56m	2'41"/km