



NORTH SEA TROPHY 2022 - DAY 1

HET LIEFOORD 11.11.2022

K.O.L.

Winston FRANSSEN

TROL

Course : HE

Distance : 4160m

Time : 0:47:02 (11'18"/km)

24/30

O.K.

[Full result on Webres](#)

- | | |
|-------------------|---------|
| 1. Wouter HUS | 0:21:39 |
| 2. Liam THIELS | 0:22:46 |
| 3. Rune DE CLERCQ | 0:23:54 |

1.	131	00:02:47		301m	9'15"/km
2.	138	00:02:36	00:05:23	147m	17'41"/km
3.	103	00:01:43	00:07:06	209m	8'13"/km
4.	136	00:00:51	00:07:57	63m	13'30"/km
5.	105	00:01:41	00:09:38	151m	11'09"/km
6.	106	00:00:33	00:10:11	92m	5'59"/km
7.	107	00:00:41	00:10:52	50m	13'40"/km
8.	108	00:01:35	00:12:27	201m	7'53"/km
9.	109	00:01:48	00:14:15	159m	11'19"/km
10.	110	00:00:44	00:14:59	110m	6'40"/km
11.	111	00:00:46	00:15:45	124m	6'11"/km
12.	112	00:00:48	00:16:33	104m	7'42"/km
13.	200	00:01:13	00:17:46	214m	5'41"/km
14.	113	00:01:02	00:18:48	155m	6'40"/km
15.	115	00:02:19	00:21:07	353m	6'34"/km
16.	116	00:00:43	00:21:50	101m	7'06"/km
17.	129	00:02:21	00:24:11	149m	15'46"/km
18.	119	00:01:48	00:25:59	212m	8'29"/km
19.	118	00:01:15	00:27:14	98m	12'45"/km
20.	117	00:00:57	00:28:11	109m	8'43"/km
21.	128	00:01:27	00:29:38	140m	10'21"/km
22.	127	00:01:35	00:31:13	213m	7'26"/km
23.	130	00:04:32	00:35:45	68m	66'40"/km
24.	121	00:01:02	00:36:47	71m	14'33"/km
25.	122	00:01:40	00:38:27	90m	18'31"/km
26.	123	00:00:52	00:39:19	95m	9'07"/km
27.	124	00:04:45	00:44:04	67m	70'54"/km
28.	125	00:00:39	00:44:43	94m	6'55"/km
29.	126	00:01:11	00:45:54	83m	14'15"/km
30.	220	00:00:55	00:46:49	77m	11'54"/km
31.	999	00:00:13	00:47:02	56m	3'52"/km