



NORTH SEA TROPHY 2022 - DAY 1

HET LIEFOORD 11.11.2022

K.O.L.

Thomas BREDO

OLV Eifel

Course : HE

Distance : 4160m

Time : 0:28:25 (6'50"/km)

17/30

O.K.

[Full result on Webres](#)

- | | |
|-------------------|---------|
| 1. Wouter HUS | 0:21:39 |
| 2. Liam THIELS | 0:22:46 |
| 3. Rune DE CLERCQ | 0:23:54 |

1.	131	00:01:41	301m	5'36"/km
2.	138	00:00:42 00:02:23	147m	4'46"/km
3.	103	00:01:37 00:04:00	209m	7'44"/km
4.	136	00:00:23 00:04:23	63m	6'05"/km
5.	105	00:01:14 00:05:37	151m	8'10"/km
6.	106	00:00:29 00:06:06	92m	5'15"/km
7.	107	00:00:25 00:06:31	50m	8'20"/km
8.	108	00:01:14 00:07:45	201m	6'08"/km
9.	109	00:00:58 00:08:43	159m	6'05"/km
10.	110	00:00:39 00:09:22	110m	5'55"/km
11.	111	00:00:50 00:10:12	124m	6'43"/km
12.	112	00:00:44 00:10:56	104m	7'03"/km
13.	200	00:01:12 00:12:08	214m	5'36"/km
14.	113	00:00:51 00:12:59	155m	5'29"/km
15.	115	00:02:07 00:15:06	353m	6'00"/km
16.	116	00:00:38 00:15:44	101m	6'16"/km
17.	129	00:01:02 00:16:46	149m	6'56"/km
18.	119	00:01:49 00:18:35	212m	8'34"/km
19.	118	00:00:54 00:19:29	98m	9'11"/km
20.	117	00:00:45 00:20:14	109m	6'53"/km
21.	128	00:01:05 00:21:19	140m	7'44"/km
22.	127	00:01:19 00:22:38	213m	6'11"/km
23.	130	00:00:30 00:23:08	68m	7'21"/km
24.	121	00:00:31 00:23:39	71m	7'17"/km
25.	122	00:00:54 00:24:33	90m	10'00"/km
26.	123	00:00:45 00:25:18	95m	7'54"/km
27.	124	00:00:39 00:25:57	67m	9'42"/km
28.	125	00:00:58 00:26:55	94m	10'17"/km
29.	126	00:00:44 00:27:39	83m	8'50"/km
30.	220	00:00:36 00:28:15	77m	7'48"/km
31.	999	00:00:10 00:28:25	56m	2'59"/km