



NORTH SEA TROPHY 2022 - DAY 1

HET LIEFOORD 11.11.2022

K.O.L.

Wouter HUS

K.O.L.

Course : HE

Distance : 4160m

Time : 0:21:39 (5'12"/km)

1/30

O.K.

[Full result on Webres](#)

2. Liam THIELS

0:22:46

3. Rune DE CLERCQ

0:23:54

1.	131	00:01:18		301m	4'19"/km
2.	138	00:00:31	00:01:49	147m	3'31"/km
3.	103	00:01:06	00:02:55	209m	5'16"/km
4.	136	00:00:17	00:03:12	63m	4'30"/km
5.	105	00:01:06	00:04:18	151m	7'17"/km
6.	106	00:00:22	00:04:40	92m	3'59"/km
7.	107	00:00:18	00:04:58	50m	6'00"/km
8.	108	00:00:58	00:05:56	201m	4'49"/km
9.	109	00:00:41	00:06:37	159m	4'18"/km
10.	110	00:00:28	00:07:05	110m	4'15"/km
11.	111	00:00:34	00:07:39	124m	4'34"/km
12.	112	00:00:32	00:08:11	104m	5'08"/km
13.	200	00:00:55	00:09:06	214m	4'17"/km
14.	113	00:00:38	00:09:44	155m	4'05"/km
15.	115	00:01:40	00:11:24	353m	4'43"/km
16.	116	00:00:25	00:11:49	101m	4'08"/km
17.	129	00:00:46	00:12:35	149m	5'09"/km
18.	119	00:01:19	00:13:54	212m	6'13"/km
19.	118	00:00:43	00:14:37	98m	7'19"/km
20.	117	00:00:31	00:15:08	109m	4'44"/km
21.	128	00:00:49	00:15:57	140m	5'50"/km
22.	127	00:01:04	00:17:01	213m	5'00"/km
23.	130	00:00:26	00:17:27	68m	6'22"/km
24.	121	00:00:26	00:17:53	71m	6'06"/km
25.	122	00:00:47	00:18:40	90m	8'42"/km
26.	123	00:00:32	00:19:12	95m	5'37"/km
27.	124	00:00:33	00:19:45	67m	8'13"/km
28.	125	00:00:38	00:20:23	94m	6'44"/km
29.	126	00:00:34	00:20:57	83m	6'50"/km
30.	220	00:00:33	00:21:30	77m	7'09"/km
31.	999	00:00:09	00:21:39	56m	2'41"/km