



NORTH SEA TROPHY 2022 - DAY 1

HET LIEFOORD 11.11.2022

K.O.L.

Gilles ROBBERECHT

ASUB

Course : H-20

Distance : 3740m

Time : 0:33:50 (9'03"/km)

6/7

O.K.

[Full result on Webres](#)

1. Titouan THONIER	0:26:39
2. Jon ICEAGA	0:27:40
3. Benjamin SAARELA	0:27:54

1.	154	00:02:19		254m	9'07"/km
2.	151	00:00:52	00:03:11	139m	6'14"/km
3.	103	00:01:20	00:04:31	138m	9'40"/km
4.	136	00:00:30	00:05:01	63m	7'56"/km
5.	105	00:01:43	00:06:44	151m	11'22"/km
6.	106	00:00:37	00:07:21	92m	6'42"/km
7.	107	00:00:45	00:08:06	50m	15'00"/km
8.	157	00:01:28	00:09:34	167m	8'47"/km
9.	112	00:00:48	00:10:22	79m	10'08"/km
10.	109	00:00:51	00:11:13	104m	8'10"/km
11.	110	00:00:49	00:12:02	110m	7'25"/km
12.	111	00:01:04	00:13:06	124m	8'36"/km
13.	200	00:01:39	00:14:45	255m	6'28"/km
14.	137	00:00:50	00:15:35	122m	6'50"/km
15.	115	00:02:25	00:18:00	317m	7'37"/km
16.	116	00:00:37	00:18:37	101m	6'06"/km
17.	129	00:01:15	00:19:52	149m	8'23"/km
18.	133	00:02:21	00:22:13	169m	13'54"/km
19.	118	00:00:59	00:23:12	85m	11'34"/km
20.	132	00:00:23	00:23:35	49m	7'49"/km
21.	128	00:01:25	00:25:00	133m	10'39"/km
22.	127	00:01:40	00:26:40	213m	7'49"/km
23.	130	00:00:44	00:27:24	68m	10'47"/km
24.	121	00:00:48	00:28:12	71m	11'16"/km
25.	122	00:01:16	00:29:28	90m	14'04"/km
26.	123	00:00:54	00:30:22	95m	9'28"/km
27.	124	00:00:57	00:31:19	67m	14'11"/km
28.	125	00:01:00	00:32:19	94m	10'38"/km
29.	120	00:00:25	00:32:44	47m	8'52"/km
30.	220	00:00:47	00:33:31	91m	8'36"/km
31.	999	00:00:19	00:33:50	56m	5'39"/km