



NORTH SEA TROPHY 2022 - DAY 1

HET LIEFOORD 11.11.2022

K.O.L.

Laurie GERARD

Hainaut O.C.

Course : D21

Distance : 3550m

Time : 0:46:50 (13'12"/km)

13/18

O.K.

[Full result on Webres](#)

1. Maria LABARRE	0:28:36
2. Claudia ROOMAN	0:29:08
3. Kim TIREZ	0:31:13

1.	114	00:01:59		156m	12'43"/km
2.	134	00:01:47	00:03:46	41m	43'30"/km
3.	102	00:01:31	00:05:17	115m	13'11"/km
4.	115	00:01:02	00:06:19	134m	7'43"/km
5.	116	00:01:13	00:07:32	101m	12'03"/km
6.	129	00:01:44	00:09:16	149m	11'38"/km
7.	160	00:01:04	00:10:20	86m	12'24"/km
8.	156	00:01:06	00:11:26	88m	12'30"/km
9.	136	00:01:23	00:12:49	158m	8'45"/km
10.	155	00:02:01	00:14:50	85m	23'44"/km
11.	106	00:02:30	00:17:20	112m	22'19"/km
12.	112	00:01:27	00:18:47	144m	10'04"/km
13.	153	00:01:55	00:20:42	137m	13'59"/km
14.	109	00:00:49	00:21:31	76m	10'45"/km
15.	108	00:01:17	00:22:48	159m	8'04"/km
16.	200	00:02:01	00:24:49	146m	13'49"/km
17.	103	00:01:22	00:26:11	87m	15'43"/km
18.	143	00:02:18	00:28:29	97m	23'43"/km
19.	138	00:01:09	00:29:38	119m	9'40"/km
20.	131	00:00:59	00:30:37	147m	6'41"/km
21.	152	00:02:18	00:32:55	205m	11'13"/km
22.	117	00:00:57	00:33:52	95m	10'00"/km
23.	119	00:03:49	00:37:41	206m	18'32"/km
24.	130	00:01:23	00:39:04	130m	10'38"/km
25.	121	00:00:52	00:39:56	71m	12'12"/km
26.	122	00:02:31	00:42:27	90m	27'58"/km
27.	139	00:01:23	00:43:50	135m	10'15"/km
28.	125	00:01:53	00:45:43	92m	20'28"/km
29.	220	00:00:54	00:46:37	134m	6'43"/km
30.	999	00:00:13	00:46:50	56m	3'52"/km