



NORTH SEA TROPHY 2022 - DAY 1

HET LIEFOORD 11.11.2022

K.O.L.

Elodie DURAY

CO Liège

Course : D21

Distance : 3550m

Time : 0:43:01 (12'07"/km)

12/18

O.K.

[Full result on Webres](#)

1. Maria LABARRE	0:28:36
2. Claudia ROOMAN	0:29:08
3. Kim TIREZ	0:31:13

1.	114	00:02:11		156m	14'00"/km
2.	134	00:01:07	00:03:18	41m	27'14"/km
3.	102	00:01:02	00:04:20	115m	8'59"/km
4.	115	00:00:59	00:05:19	134m	7'20"/km
5.	116	00:00:42	00:06:01	101m	6'56"/km
6.	129	00:01:55	00:07:56	149m	12'52"/km
7.	160	00:01:12	00:09:08	86m	13'57"/km
8.	156	00:00:54	00:10:02	88m	10'14"/km
9.	136	00:01:41	00:11:43	158m	10'39"/km
10.	155	00:01:59	00:13:42	85m	23'20"/km
11.	106	00:01:40	00:15:22	112m	14'53"/km
12.	112	00:01:54	00:17:16	144m	13'12"/km
13.	153	00:01:10	00:18:26	137m	8'31"/km
14.	109	00:00:39	00:19:05	76m	8'33"/km
15.	108	00:01:43	00:20:48	159m	10'48"/km
16.	200	00:01:16	00:22:04	146m	8'41"/km
17.	103	00:01:44	00:23:48	87m	19'55"/km
18.	143	00:01:47	00:25:35	97m	18'23"/km
19.	138	00:00:56	00:26:31	119m	7'51"/km
20.	131	00:01:00	00:27:31	147m	6'48"/km
21.	152	00:02:59	00:30:30	205m	14'33"/km
22.	117	00:01:01	00:31:31	95m	10'42"/km
23.	119	00:03:38	00:35:09	206m	17'38"/km
24.	130	00:01:11	00:36:20	130m	9'06"/km
25.	121	00:00:41	00:37:01	71m	9'37"/km
26.	122	00:01:46	00:38:47	90m	19'38"/km
27.	139	00:01:38	00:40:25	135m	12'06"/km
28.	125	00:01:30	00:41:55	92m	16'18"/km
29.	220	00:00:54	00:42:49	134m	6'43"/km
30.	999	00:00:12	00:43:01	56m	3'34"/km