



NORTH SEA TROPHY 2022 - DAY 1

HET LIEFOORD 11.11.2022

K.O.L.

Linda VERBRAKEN

TROL

Course : D21

Distance : 3550m

Time : 0:39:38 (11'10"/km)

10/18

O.K.

[Full result on Webres](#)

1. Maria LABARRE	0:28:36
2. Claudia ROOMAN	0:29:08
3. Kim TIREZ	0:31:13

1.	114	00:02:28		156m	15'49"/km
2.	134	00:00:49	00:03:17	41m	19'55"/km
3.	102	00:01:11	00:04:28	115m	10'17"/km
4.	115	00:00:59	00:05:27	134m	7'20"/km
5.	116	00:00:46	00:06:13	101m	7'35"/km
6.	129	00:01:17	00:07:30	149m	8'37"/km
7.	160	00:00:58	00:08:28	86m	11'14"/km
8.	156	00:00:45	00:09:13	88m	8'31"/km
9.	136	00:01:20	00:10:33	158m	8'26"/km
10.	155	00:02:22	00:12:55	85m	27'51"/km
11.	106	00:00:51	00:13:46	112m	7'35"/km
12.	112	00:01:18	00:15:04	144m	9'02"/km
13.	153	00:01:00	00:16:04	137m	7'18"/km
14.	109	00:00:40	00:16:44	76m	8'46"/km
15.	108	00:01:16	00:18:00	159m	7'58"/km
16.	200	00:01:18	00:19:18	146m	8'54"/km
17.	103	00:01:02	00:20:20	87m	11'53"/km
18.	143	00:01:18	00:21:38	97m	13'24"/km
19.	138	00:00:50	00:22:28	119m	7'00"/km
20.	131	00:00:53	00:23:21	147m	6'01"/km
21.	152	00:02:22	00:25:43	205m	11'33"/km
22.	117	00:00:51	00:26:34	95m	8'57"/km
23.	119	00:06:03	00:32:37	206m	29'22"/km
24.	130	00:01:08	00:33:45	130m	8'43"/km
25.	121	00:00:42	00:34:27	71m	9'52"/km
26.	122	00:01:27	00:35:54	90m	16'07"/km
27.	139	00:01:27	00:37:21	135m	10'44"/km
28.	125	00:01:07	00:38:28	92m	12'08"/km
29.	220	00:00:55	00:39:23	134m	6'50"/km
30.	999	00:00:15	00:39:38	56m	4'28"/km