



NORTH SEA TROPHY 2022 - DAY 1

HET LIEFOORD 11.11.2022

K.O.L.

Greet OEYEN

hamok

Course : DE

Distance : 3740m

Time : 0:26:13 (7'01"/km)

2/14

O.K.

[Full result on Webres](#)

1. Anna SERRALLONGA 0:25:49
3. Ems DE SMUL 0:27:22

1.	154	00:01:44	254m	6'49"/km
2.	151	00:00:43 00:02:27	139m	5'09"/km
3.	103	00:01:09 00:03:36	138m	8'20"/km
4.	136	00:00:22 00:03:58	63m	5'49"/km
5.	105	00:01:31 00:05:29	151m	10'03"/km
6.	106	00:00:30 00:05:59	92m	5'26"/km
7.	107	00:00:22 00:06:21	50m	7'20"/km
8.	157	00:01:05 00:07:26	167m	6'29"/km
9.	112	00:00:34 00:08:00	79m	7'10"/km
10.	109	00:00:39 00:08:39	104m	6'15"/km
11.	110	00:00:39 00:09:18	110m	5'55"/km
12.	111	00:00:46 00:10:04	124m	6'11"/km
13.	200	00:01:33 00:11:37	255m	6'05"/km
14.	137	00:00:43 00:12:20	122m	5'52"/km
15.	115	00:02:00 00:14:20	317m	6'19"/km
16.	116	00:00:35 00:14:55	101m	5'47"/km
17.	129	00:01:05 00:16:00	149m	7'16"/km
18.	133	00:01:22 00:17:22	169m	8'05"/km
19.	118	00:00:43 00:18:05	85m	8'26"/km
20.	132	00:00:22 00:18:27	49m	7'29"/km
21.	128	00:00:58 00:19:25	133m	7'16"/km
22.	127	00:01:20 00:20:45	213m	6'16"/km
23.	130	00:00:32 00:21:17	68m	7'51"/km
24.	121	00:00:31 00:21:48	71m	7'17"/km
25.	122	00:01:00 00:22:48	90m	11'07"/km
26.	123	00:00:41 00:23:29	95m	7'12"/km
27.	124	00:00:44 00:24:13	67m	10'57"/km
28.	125	00:00:51 00:25:04	94m	9'03"/km
29.	120	00:00:23 00:25:27	47m	8'09"/km
30.	220	00:00:34 00:26:01	91m	6'14"/km
31.	999	00:00:12 00:26:13	56m	3'34"/km