



NORTH SEA TROPHY 2022 - DAY 1

HET LIEFOORD 11.11.2022

K.O.L.

Flore TOELEN

K.O.L.

Course : D-20

Distance : 3480m

Time : 0:38:47 (11'09"/km)

4/4

O.K.

[Full result on Webres](#)

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|-----------------------|---------|
| 1. Gaëlle FRONHOFFS | 0:29:17 |
| 2. Laurence DEFRAIGNE | 0:29:36 |
| 3. Emma MAES | 0:34:56 |

1.	101	00:02:03		214m	9'35"/km
2.	147	00:00:44	00:02:47	91m	8'04"/km
3.	102	00:00:34	00:03:21	80m	7'05"/km
4.	114	00:01:31	00:04:52	140m	10'50"/km
5.	103	00:03:11	00:08:03	78m	40'49"/km
6.	200	00:00:52	00:08:55	87m	9'58"/km
7.	106	00:01:55	00:10:50	229m	8'22"/km
8.	112	00:01:33	00:12:23	144m	10'46"/km
9.	153	00:01:11	00:13:34	137m	8'38"/km
10.	109	00:00:42	00:14:16	76m	9'13"/km
11.	108	00:01:35	00:15:51	159m	9'57"/km
12.	200	00:01:10	00:17:01	146m	7'59"/km
13.	131	00:01:45	00:18:46	292m	6'00"/km
14.	127	00:02:21	00:21:07	234m	10'03"/km
15.	119	00:01:04	00:22:11	63m	16'56"/km
16.	133	00:00:49	00:23:00	43m	19'00"/km
17.	118	00:03:04	00:26:04	85m	36'05"/km
18.	117	00:00:50	00:26:54	109m	7'39"/km
19.	162	00:02:37	00:29:31	163m	16'03"/km
20.	116	00:01:18	00:30:49	187m	6'57"/km
21.	122	00:01:16	00:32:05	108m	11'44"/km
22.	121	00:01:17	00:33:22	90m	14'16"/km
23.	130	00:00:49	00:34:11	71m	11'30"/km
24.	123	00:00:28	00:34:39	58m	8'03"/km
25.	124	00:01:02	00:35:41	67m	15'25"/km
26.	125	00:01:17	00:36:58	94m	13'39"/km
27.	141	00:01:07	00:38:05	108m	10'20"/km
28.	220	00:00:30	00:38:35	66m	7'35"/km
29.	999	00:00:12	00:38:47	56m	3'34"/km

Orienteering Software