



NORTH SEA TROPHY 2022 - DAY 1

HET LIEFOORD 11.11.2022

K.O.L.

Laurence DEFRAIGNE

ASUB

Course : D-20

Distance : 3480m

Time : 0:29:36 (8'30"/km)

2/4

O.K.

[Full result on Webres](#)

1. Gaëlle FRONHOFFS

0:29:17

3. Emma MAES

0:34:56

1.	101	00:01:47		214m	8'20"/km
2.	147	00:00:31	00:02:18	91m	5'41"/km
3.	102	00:00:27	00:02:45	80m	5'38"/km
4.	114	00:00:52	00:03:37	140m	6'11"/km
5.	103	00:01:01	00:04:38	78m	13'02"/km
6.	200	00:00:40	00:05:18	87m	7'40"/km
7.	106	00:02:15	00:07:33	229m	9'50"/km
8.	112	00:01:09	00:08:42	144m	7'59"/km
9.	153	00:00:57	00:09:39	137m	6'56"/km
10.	109	00:00:39	00:10:18	76m	8'33"/km
11.	108	00:01:16	00:11:34	159m	7'58"/km
12.	200	00:01:23	00:12:57	146m	9'28"/km
13.	131	00:01:28	00:14:25	292m	5'01"/km
14.	127	00:01:47	00:16:12	234m	7'37"/km
15.	119	00:00:46	00:16:58	63m	12'10"/km
16.	133	00:01:05	00:18:03	43m	25'12"/km
17.	118	00:00:50	00:18:53	85m	9'48"/km
18.	117	00:00:47	00:19:40	109m	7'11"/km
19.	162	00:02:13	00:21:53	163m	13'36"/km
20.	116	00:01:12	00:23:05	187m	6'25"/km
21.	122	00:00:59	00:24:04	108m	9'06"/km
22.	121	00:01:29	00:25:33	90m	16'29"/km
23.	130	00:00:34	00:26:07	71m	7'59"/km
24.	123	00:00:27	00:26:34	58m	7'46"/km
25.	124	00:00:47	00:27:21	67m	11'41"/km
26.	125	00:00:55	00:28:16	94m	9'45"/km
27.	141	00:00:45	00:29:01	108m	6'57"/km
28.	220	00:00:25	00:29:26	66m	6'19"/km
29.	999	00:00:10	00:29:36	56m	2'59"/km

Orienteering Software