



NK Lang Westerrode-Roekel

Ede 13.11.2022

argus

Wouter FOKKEMA

Individuals/No club

Course : H21

Distance : 15100m

Time : 2:48:16 (11'09"/km)

--/11

O.K.

[Full result on Webres](#)

1. Remco HEREIJGERS	1:38:24
2. Roland VAN LOON	2:01:35
3. Marijn EDELENBOSCH	2:02:55

1.	47	00:04:47	604m	7'55"/km
2.	64	00:04:02 00:08:49	464m	8'42"/km
3.	43	00:02:38 00:11:27	260m	10'08"/km
4.	82	00:15:49 00:27:16	229m	69'04"/km
5.	41	00:01:46 00:29:02	190m	9'18"/km
6.	32	00:07:09 00:36:11	730m	9'48"/km
7.	31	00:08:37 00:44:48	163m	52'52"/km
8.	50	00:04:09 00:48:57	179m	23'11"/km
9.	71	00:02:20 00:51:17	298m	7'50"/km
10.	51	00:04:27 00:55:44	562m	7'55"/km
11.	33	00:02:19 00:58:03	303m	7'39"/km
12.	65	00:04:50 01:02:53	384m	12'35"/km
13.	40	00:07:58 01:10:51	1239m	6'26"/km
14.	69	00:04:00 01:14:51	536m	7'28"/km
15.	38	00:04:44 01:19:35	671m	7'03"/km
16.	59	00:08:21 01:27:56	1079m	7'44"/km
17.	39	00:03:44 01:31:40	450m	8'18"/km
18.	60	00:03:19 01:34:59	448m	7'24"/km
19.	35	00:06:12 01:41:11	924m	6'43"/km
20.	36	00:04:03 01:45:14	334m	12'08"/km
21.	37	00:01:29 01:46:43	81m	18'19"/km
22.	52	00:06:03 01:52:46	851m	7'07"/km
23.	44	00:08:04 02:00:50	316m	25'32"/km
24.	42	00:05:02 02:05:52	188m	26'46"/km
25.	57	00:05:51 02:11:43	609m	9'36"/km
26.	81	00:09:40 02:21:23	945m	10'14"/km
27.	48	00:07:07 02:28:30	329m	21'38"/km
28.	46	00:01:03 02:29:33	77m	13'38"/km
29.	56	00:05:46 02:35:19	547m	10'33"/km
30.	61	00:07:31 02:42:50	596m	12'37"/km
31.	999	00:05:26 02:48:16		