



NST dagomlopen dag 2

KOKSIJDE 12.11.2022

K.O.L.

Julius GARRAY

CO Liège

Omloop : H:LD

Afstand : 6320m

Tijd : 1:24:59 (13'27"/km)

15/16

O.K.

[Volledige uitslagen op Webres](#)

1. Julien GILLET	0:36:21
2. Thomas GILLET	0:38:07
3. Remi LEDEZ	0:42:53

1.	239	00:04:41		309m	15'09"/km
2.	192	00:02:58	00:07:39	149m	19'55"/km
3.	233	00:02:46	00:10:25	181m	15'17"/km
4.	234	00:04:09	00:14:34	338m	12'17"/km
5.	236	00:03:34	00:18:08	320m	11'09"/km
6.	62	00:02:59	00:21:07	277m	10'46"/km
7.	171	00:01:56	00:23:03	186m	10'24"/km
8.	63	00:01:37	00:24:40	109m	14'50"/km
9.	230	00:04:55	00:29:35	396m	12'25"/km
10.	218	00:02:54	00:32:29	275m	10'33"/km
11.	214	00:03:32	00:36:01	331m	10'40"/km
12.	219	00:02:30	00:38:31	243m	10'17"/km
13.	177	00:04:49	00:43:20	463m	10'24"/km
14.	222	00:02:49	00:46:09	237m	11'53"/km
15.	174	00:01:26	00:47:35	71m	20'11"/km
16.	224	00:04:14	00:51:49	287m	14'45"/km
17.	182	00:04:29	00:56:18	249m	18'00"/km
18.	207	00:03:19	00:59:37	239m	13'53"/km
19.	183	00:01:01	01:00:38	62m	16'24"/km
20.	198	00:02:01	01:02:39	141m	14'18"/km
21.	185	00:02:19	01:04:58	132m	17'33"/km
22.	186	00:02:47	01:07:45	94m	29'37"/km
23.	187	00:04:15	01:12:00	346m	12'17"/km
24.	215	00:01:29	01:13:29	89m	16'40"/km
25.	189	00:02:46	01:16:15	192m	14'25"/km
26.	228	00:01:31	01:17:46	50m	30'20"/km
27.	59	00:04:02	01:21:48	173m	23'19"/km
28.	191	00:00:42	01:22:30	69m	10'09"/km
29.	220	00:02:02	01:24:32	244m	8'20"/km
30.	999	00:00:27	01:24:59	68m	6'37"/km