



NST dagomlopen dag 2

KOKSIJDE 12.11.2022

K.O.L.

Bart VAN DE MOORTE

Omega

Omloop : H:LD

Afstand : 6320m

Tijd : 0:46:30 (7'21"/km)

5/16

O.K.

[Volledige uitslagen op Webres](#)

1. Julien GILLET	0:36:21
2. Thomas GILLET	0:38:07
3. Remi LEDEZ	0:42:53

1.	239	00:02:04		309m	6'41"/km
2.	192	00:01:19	00:03:23	149m	8'50"/km
3.	233	00:01:13	00:04:36	181m	6'43"/km
4.	234	00:02:40	00:07:16	338m	7'53"/km
5.	236	00:02:02	00:09:18	320m	6'21"/km
6.	62	00:01:36	00:10:54	277m	5'47"/km
7.	171	00:01:09	00:12:03	186m	6'11"/km
8.	63	00:00:57	00:13:00	109m	8'43"/km
9.	230	00:03:06	00:16:06	396m	7'50"/km
10.	218	00:01:43	00:17:49	275m	6'15"/km
11.	214	00:02:06	00:19:55	331m	6'21"/km
12.	219	00:01:22	00:21:17	243m	5'37"/km
13.	177	00:02:49	00:24:06	463m	6'05"/km
14.	222	00:01:33	00:25:39	237m	6'32"/km
15.	174	00:00:43	00:26:22	71m	10'06"/km
16.	224	00:02:12	00:28:34	287m	7'40"/km
17.	182	00:02:27	00:31:01	249m	9'50"/km
18.	207	00:02:16	00:33:17	239m	9'29"/km
19.	183	00:00:24	00:33:41	62m	6'27"/km
20.	198	00:01:00	00:34:41	141m	7'06"/km
21.	185	00:01:31	00:36:12	132m	11'29"/km
22.	186	00:01:39	00:37:51	94m	17'33"/km
23.	187	00:02:17	00:40:08	346m	6'36"/km
24.	215	00:00:44	00:40:52	89m	8'14"/km
25.	189	00:01:30	00:42:22	192m	7'49"/km
26.	228	00:00:21	00:42:43	50m	7'00"/km
27.	59	00:01:47	00:44:30	173m	10'18"/km
28.	191	00:00:25	00:44:55	69m	6'02"/km
29.	220	00:01:17	00:46:12	244m	5'16"/km
30.	999	00:00:18	00:46:30	68m	4'25"/km