



NST dagomlopen dag 2

KOKSIJDE 12.11.2022

K.O.L.

Julien GILLET

ASUB

Omloop : H:LD

Afstand : 6320m

Tijd : 0:36:21 (5'45"/km)

1/16

O.K.

[Volledige uitslagen op Webres](#)

2. Thomas GILLET 0:38:07
3. Remi LEDEZ 0:42:53

1.	239	00:01:57		309m	6'19"/km
2.	192	00:00:58	00:02:55	149m	6'29"/km
3.	233	00:00:56	00:03:51	181m	5'09"/km
4.	234	00:02:02	00:05:53	338m	6'01"/km
5.	236	00:01:36	00:07:29	320m	5'00"/km
6.	62	00:01:17	00:08:46	277m	4'38"/km
7.	171	00:00:55	00:09:41	186m	4'56"/km
8.	63	00:00:45	00:10:26	109m	6'53"/km
9.	230	00:02:17	00:12:43	396m	5'46"/km
10.	218	00:01:29	00:14:12	275m	5'24"/km
11.	214	00:01:50	00:16:02	331m	5'32"/km
12.	219	00:01:14	00:17:16	243m	5'05"/km
13.	177	00:02:22	00:19:38	463m	5'07"/km
14.	222	00:01:14	00:20:52	237m	5'12"/km
15.	174	00:00:30	00:21:22	71m	7'03"/km
16.	224	00:01:53	00:23:15	287m	6'34"/km
17.	182	00:01:36	00:24:51	249m	6'26"/km
18.	207	00:01:11	00:26:02	239m	4'57"/km
19.	183	00:00:23	00:26:25	62m	6'11"/km
20.	198	00:00:49	00:27:14	141m	5'48"/km
21.	185	00:00:56	00:28:10	132m	7'04"/km
22.	186	00:01:12	00:29:22	94m	12'46"/km
23.	187	00:01:47	00:31:09	346m	5'09"/km
24.	215	00:00:35	00:31:44	89m	6'33"/km
25.	189	00:01:20	00:33:04	192m	6'57"/km
26.	228	00:00:20	00:33:24	50m	6'40"/km
27.	59	00:01:27	00:34:51	173m	8'23"/km
28.	191	00:00:20	00:35:11	69m	4'50"/km
29.	220	00:00:58	00:36:09	244m	3'58"/km
30.	999	00:00:12	00:36:21	68m	2'56"/km