



# NST dagomlopen dag 2

## KOKSIJDE 12.11.2022

### K.O.L.

**David ROUTTIAU**

Indiv.

Omloop : H:SE

Afstand : 3430m

Tijd : 1:10:19 (20'30"/km)

**6/11**

O.K.

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- |                      |         |
|----------------------|---------|
| 1. Vincent BOURGEOIS | 0:42:46 |
| 2. Loïc JANSSENS     | 0:49:11 |
| 3. Robert HOOFD      | 0:55:13 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 52  | 00:03:40 |          | 198m | 18'31"/km |
| 2.  | 192 | 00:02:48 | 00:06:28 | 82m  | 34'09"/km |
| 3.  | 54  | 00:02:43 | 00:09:11 | 156m | 17'25"/km |
| 4.  | 211 | 00:03:13 | 00:12:24 | 106m | 30'21"/km |
| 5.  | 174 | 00:08:23 | 00:20:47 | 527m | 15'54"/km |
| 6.  | 222 | 00:01:36 | 00:22:23 | 71m  | 22'32"/km |
| 7.  | 178 | 00:04:53 | 00:27:16 | 192m | 25'26"/km |
| 8.  | 212 | 00:02:52 | 00:30:08 | 149m | 19'14"/km |
| 9.  | 213 | 00:10:07 | 00:40:15 | 109m | 92'49"/km |
| 10. | 231 | 00:04:21 | 00:44:36 | 215m | 20'14"/km |
| 11. | 224 | 00:01:35 | 00:46:11 | 66m  | 23'59"/km |
| 12. | 204 | 00:03:30 | 00:49:41 | 152m | 23'02"/km |
| 13. | 197 | 00:05:05 | 00:54:46 | 238m | 21'22"/km |
| 14. | 198 | 00:04:16 | 00:59:02 | 187m | 22'49"/km |
| 15. | 185 | 00:03:00 | 01:02:02 | 132m | 22'44"/km |
| 16. | 200 | 00:00:53 | 01:02:55 | 82m  | 10'46"/km |
| 17. | 199 | 00:01:57 | 01:04:52 | 185m | 10'32"/km |
| 18. | 59  | 00:01:50 | 01:06:42 | 229m | 8'00"/km  |
| 19. | 60  | 00:01:15 | 01:07:57 | 105m | 11'54"/km |
| 20. | 220 | 00:01:37 | 01:09:34 | 180m | 8'59"/km  |
| 21. | 999 | 00:00:45 | 01:10:19 | 68m  | 11'02"/km |

Orienteering Software