



NST dagomlopen dag 2

KOKSIJDE 12.11.2022

K.O.L.

Gaëlle DEFRAIGNE

ASUB

Omloop : D:LD

Afstand : 6320m

Tijd : 1:05:27 (10'21"/km)

2/7

O.K.

[Volledige uitslagen op Webres](#)

1. Greet PERSOON	0:55:48
3. Lucie DELCOURT	1:14:23

1.	239	00:03:47	309m	12'15"/km
2.	192	00:02:22 00:06:09	149m	15'53"/km
3.	233	00:02:30 00:08:39	181m	13'49"/km
4.	234	00:03:19 00:11:58	338m	9'49"/km
5.	236	00:02:59 00:14:57	320m	9'19"/km
6.	62	00:02:01 00:16:58	277m	7'17"/km
7.	171	00:01:27 00:18:25	186m	7'48"/km
8.	63	00:01:05 00:19:30	109m	9'56"/km
9.	230	00:03:25 00:22:55	396m	8'38"/km
10.	218	00:02:25 00:25:20	275m	8'47"/km
11.	214	00:02:53 00:28:13	331m	8'43"/km
12.	219	00:01:50 00:30:03	243m	7'33"/km
13.	177	00:04:18 00:34:21	463m	9'17"/km
14.	222	00:01:53 00:36:14	237m	7'57"/km
15.	174	00:00:50 00:37:04	71m	11'44"/km
16.	224	00:03:14 00:40:18	287m	11'16"/km
17.	182	00:05:06 00:45:24	249m	20'29"/km
18.	207	00:02:07 00:47:31	239m	8'51"/km
19.	183	00:00:35 00:48:06	62m	9'25"/km
20.	198	00:01:20 00:49:26	141m	9'27"/km
21.	185	00:01:51 00:51:17	132m	14'01"/km
22.	186	00:01:56 00:53:13	94m	20'34"/km
23.	187	00:03:15 00:56:28	346m	9'24"/km
24.	215	00:01:05 00:57:33	89m	12'10"/km
25.	189	00:02:41 01:00:14	192m	13'59"/km
26.	228	00:00:38 01:00:52	50m	12'40"/km
27.	59	00:02:19 01:03:11	173m	13'23"/km
28.	191	00:00:30 01:03:41	69m	7'15"/km
29.	220	00:01:29 01:05:10	244m	6'05"/km
30.	999	00:00:17 01:05:27	68m	4'10"/km