



# NST dagomlopen dag 2

## KOKSIJDE 12.11.2022

### K.O.L.

**Francine SERRE**

Altair C.O.

Omloop : D:SE

Afstand : 3430m

Tijd : 1:22:14 (23'58"/km)

**15/18**

O.K.

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|                     |         |
|---------------------|---------|
| 1. Nathalie MYLLE   | 0:51:35 |
| 2. Nadine VERLINDEN | 0:56:59 |
| 3. Silke WYNEN      | 0:59:12 |

|     |     |                   |      |           |
|-----|-----|-------------------|------|-----------|
| 1.  | 52  | 00:05:21          | 198m | 27'01"/km |
| 2.  | 192 | 00:01:24 00:06:45 | 82m  | 17'04"/km |
| 3.  | 54  | 00:03:06 00:09:51 | 156m | 19'52"/km |
| 4.  | 211 | 00:02:35 00:12:26 | 106m | 24'22"/km |
| 5.  | 174 | 00:07:43 00:20:09 | 527m | 14'39"/km |
| 6.  | 222 | 00:01:38 00:21:47 | 71m  | 23'00"/km |
| 7.  | 178 | 00:06:23 00:28:10 | 192m | 33'15"/km |
| 8.  | 212 | 00:04:29 00:32:39 | 149m | 30'05"/km |
| 9.  | 213 | 00:02:38 00:35:17 | 109m | 24'10"/km |
| 10. | 231 | 00:06:37 00:41:54 | 215m | 30'47"/km |
| 11. | 224 | 00:02:05 00:43:59 | 66m  | 31'34"/km |
| 12. | 204 | 00:07:15 00:51:14 | 152m | 47'42"/km |
| 13. | 197 | 00:06:44 00:57:58 | 238m | 28'17"/km |
| 14. | 198 | 00:05:30 01:03:28 | 187m | 29'25"/km |
| 15. | 185 | 00:04:12 01:07:40 | 132m | 31'49"/km |
| 16. | 200 | 00:01:58 01:09:38 | 82m  | 23'59"/km |
| 17. | 199 | 00:03:47 01:13:25 | 185m | 20'27"/km |
| 18. | 59  | 00:03:30 01:16:55 | 229m | 15'17"/km |
| 19. | 60  | 00:01:33 01:18:28 | 105m | 14'46"/km |
| 20. | 220 | 00:02:48 01:21:16 | 180m | 15'33"/km |
| 21. | 999 | 00:00:58 01:22:14 | 68m  | 14'13"/km |

Orienteering Software