# RULHEYDE - Individueel
# KASTERLEE 4.11.2016
# TROL

**Steffen KNOOPS**
hamok
Course : H:01
Distance : 3800m
Time : 0:55:06 (14'30"/km)

**9/18** O.K.

Full result on Webres

| | | |
|---|---|---|
| 1. | Ansis POIKANS | 0:35:19 |
| 2. | Piet DEFERME | 0:36:43 |
| 3. | Thomas KNOOPS | 0:36:55 |

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