



Regionale Vriesel

Ranst 1.11.2022

TROL

Jan FRANSSEN

TROL

Course : H:03

Distance : 5450m

Time : 1:02:43 (11'30"/km)

15/22

O.K.

[Full result on Webres](#)

- | | |
|------------------|---------|
| 1. Guido TIMMERS | 0:42:38 |
| 2. Stefan THIELS | 0:43:50 |
| 3. Peter DEWULF | 0:44:10 |

1.	79	00:04:58		645m	7'42"/km
2.	80	00:03:43	00:08:41	262m	14'11"/km
3.	87	00:03:07	00:11:48	344m	9'04"/km
4.	86	00:01:56	00:13:44	180m	10'44"/km
5.	81	00:02:59	00:16:43	259m	11'31"/km
6.	84	00:06:37	00:23:20	343m	19'17"/km
7.	98	00:02:37	00:25:57	242m	10'49"/km
8.	89	00:14:52	00:40:49	1667m	8'55"/km
9.	96	00:02:52	00:43:41	218m	13'09"/km
10.	90	00:02:40	00:46:21	213m	12'31"/km
11.	91	00:04:07	00:50:28	256m	16'05"/km
12.	93	00:05:59	00:56:27	223m	26'50"/km
13.	95	00:02:59	00:59:26	239m	12'29"/km
14.	97	00:02:53	01:02:19	257m	11'13"/km
15.	999	00:00:24	01:02:43	98m	4'05"/km

HELGA
Orienteering Software